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See Food, Page 1C



GOLF
 The Granite City Sports Hall of Fame plans a scramble at Arlington Golf Club.
 Page 2B



Granite City Journal

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VOLUME 18, NUMBER 34

WEDNESDAY, APRIL 27, 1994

THIRTY-FIVE CENTS

Soil removal is not needed, expert says

By Mike Myers
 Staff writer

A blood-lead study of children and adults here indicates the U.S. Environmental Protection Agency's plan to dig up hundreds of area yards is unnecessary. This is the conclusion of the expert performing the study. Asked to "cut to the chase" and give her opinion on whether the EPA's plans are justified, Dr. Renate Kimbrough of the Institute for Evaluating Health

Risks in Washington, D.C., emphatically replied, "No!" In addition to testing for blood-lead, the study also tested homes for sources of lead — such as lead paint, lead in household dust and lead in soil. Kimbrough said none of the lead sources showed a very big correlation with elevated blood levels, but "lead in soil showed the smallest of any." More importantly, she said, making changes in environmental and behavioral factors after elevated blood-lead levels were

found led to significant reductions in the blood-lead levels — reductions significant enough to "indicate no other remedial action is needed."

The EPA's \$35 million NL Industries/Taracorp Superfund cleanup of lead contamination here calls for removal of the top six inches of soil in a large area of Granite City, Madison, Venice and Eagle Park where the lead level is found to be 500 parts per million or more.

That contaminated soil would be added to a lead scrap pile at 15th and State streets and the pile would then be sealed over. The plan has been challenged in federal court by a group of industries identified by the EPA as potentially responsible parties (PRPs) and, separately, by the city of Granite City.

The 18-month, \$500,000 blood-lead study was conducted in July, August and September 1991 within a three-mile radius of the NL Industries/Taracorp site.

While the study was conducted for by the Illinois Department (See EXPERT, Page 10A)



Dr. Renate Kimbrough of the Institute for Evaluating Health Risks in Washington, D.C., explains the study of blood-lead levels in area children at a public hearing last week. (Staff photo by PAM DOEPKE-HURD)

Study findings criticized

By Mike Myers
 Staff writer

If the U.S. Environmental Protection Agency decides not to remove lead-contaminated soil from area yards, neighborhood activist Kathy Andria said the Illinois Department of Public Health should be ready to have "blood on your hands."

A newly completed blood-lead study indicates that removal of the soil is unnecessary. Andria said the study — done for the IDPH — came after people in the area had been warned of the dangers of lead in the soil (See FINDINGS, Page 10A)

Sewer rates may rise

By Bob Slate
 Staff writer

Granite City residents currently enjoy the lowest sanitary sewer rates in the Metro East area. But that situation could possibly change.

Granite City residents pay a flat \$6 monthly fee for sewage collection and treatment.

According to information compiled by Juneau and Associates, the city's contract engineer, the residents are the beneficiaries of the lowest sewer rates in the area based on average usage of 5,000 gallons per month per household.

The aldermanic Wastewater Treatment Plant Committee has asked Juneau and Associates to conduct an audit of the sewer system and to recommend a residential, usage-based fee which includes sewage collection and treatment costs as well as the cost to bill.

That could pave the way for a possible rate increase based on a comparison with fees charged in other areas.

For example, area residents served by Madison County Special Service Area No. 1 pay the highest sewage collection and

City residents are the beneficiaries of the lowest sewer rates in the area based on an average usage of 5,000 gallons per month.

treatment fees in the Metro East area; a flat \$14.80 per month.

Alton residents pay a flat \$8 per month for sewage collection and treatment.

Many municipalities' residential sewer bills are based on water company records of the amount of water used in each household.

Maryville residents pay \$2.10 per 1,000 gallons of water used (or about \$10.50 a month); Collinsville residents pay \$2.60 per 1,000 gallons (about \$13 a month).

Edwardsville residents pay \$1.88 (about \$9.40 a month); Glen Carbon \$2.10 per 1,000 gallons (about \$10.50 per month); and Belleville residents pay \$1.74 plus

(See RATES, Page 10A)

10 named Women of Achievement

Meet the 1993 Women of Achievement.

The selections have been made, and 10 women from the area have been named outstanding examples of "women who have made a commitment to serve the communities in the St. Louis area and whose efforts have improved the quality of life for those around them." Selected for the 39th annual Woman of Achievement honor are: Zella Harrington, Health Services; JoAnn Harmon, Creative Philanthropy; S. Sue Shear, Public Service; Marilyn Fox, Community Service; Linda Riekes, Education; Judy Aronson, Children's Issues; Clementine Claiborne, Child Welfare; Ida Godwin Woolfolk, Business and Community; Sister Mary Plus Fagan, Humanitarian Concerns; and Mary Elizabeth Humphrey Rhodes, Family Enrichment.

A full-page announcement with photographs and short bios of the awardees appears inside today's Journal.



(Staff photo by PAM DOEPKE-HURD)

Spring clean — Charlie Cross of the Granite City Kiwanis Club picks up trash along Highway 203 during the Tri-Cities Area Chamber of Commerce's annual Trash the Trash project. More photos and a story in Thursday's Press-Record.

Hit-and-run death ruled accidental

The March 8 death of a Coolidge Junior High School student struck by a car on Highway 3 was ruled accidental last week.

A coroner's investigation concluded that the death of Joseph Browning, 13, was accidental.

Melinda Coleman, 34, of the 100 block of Briarcliff Drive, faces a felony charge of failure to report an accident involving personal injury or death in connection with the accident.

According to Illinois State Police, Browning was crossing Highway 3 on foot, west to east, at its intersection with Rock Road when he was struck by a southbound car. The car continued south on the highway, police said.

Browning died less than an hour later at St. Elizabeth Medical Center from multiple trauma to the head and trunk, said Chief Coroner Investigator Ralph Baahmann.

Coleman was later arrested at her home after an anonymous caller gave police a license number and description of the suspect car.

Emergency advice

911 dispatchers to receive extra training

Martin RichterBob Slate If you have called an ambulance for a loved one who has just suffered a heart attack or stroke, you know the few minutes it takes for emergency workers to arrive can seem like hours.

What happens during those minutes also can be critical to whether the patient lives or dies.

So, beginning next month, about 350 telecommunicators (sometimes referred to as dispatchers) from Madison and St. Clair counties will undergo training to help them provide advice that could help save lives during those precious minutes.

The telecommunicators, who represent more than 35 Public Safety Answering Points (PSAPs) for 911 calls, will become certified Emergency Medical Dispatchers.

With the training under their belts, the

telecommunicators will be able to give limited but precise life-saving directions to someone who is waiting for the first responding unit to arrive.

"Before, we just took the information, confirmed what was on the (911 computer) screen and told them help was on the way," said Maryville Police Chief Don Sonnenberg, a member of the Southwestern Illinois Law Enforcement Commission's Telecommunicators Committee.

"But now, where you're talking about a heart attack or stroke victim, someone who's choking or even someone who's having a baby, (the telecommunicator) will have a flip chart and be able to take them from A to Z."

Granite City Assistant Police Chief Kip Foneroy said Granite City's telecommunicators are currently certified (See TRAINING, Page 5A)

In the Journal

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Deaths

Marie Angle
 Marguerite Degischer
 Essie Dotson

Coming Sunday...

Entertainment — The New L.A. Times Syndicate Crossword Puzzle makes its debut in the Journal.

O'Brien
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Cooper
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Enjoy Illinois inside today's paper
 Look for your guide to summer fun, Enjoy Illinois, inside today's Journal. Included, you'll find a listing of Southern Illinois festivals, and feature stories on activities throughout the area — from the always-fun Cahokia Kete, a taste of the region's French heritage, to a rundown on the area's Olympic Festival activities.

Irwin Chapel
 "...thoughtfulness, always."
 931-8000

Ad folder may be scam, Orsey says

By Bob Slate
Staff writer

The Illinois Attorney General's Office is investigating the possibility that a Kentucky company failed to make good on its promise to provide advertising for many local businesses.

Assistant Attorney General Dennis Orsey said Friday that about 25 Granite City area businesses had paid \$500 to \$750 each to the Kentucky-based company for advertisements on a plastic cover designed to go over telephone books.

While the advertisers were told that "everybody with a telephone" in the area would receive a cover displaying the ads, only about 2,000 were produced and many of them apparently did not get delivered to homes, Orsey said.

A sales contract required a minimum of 4,996 of the binders to be produced and delivered, he said.

Telephone company records indicate there are about 13,000 telephones in the city.

"The owner of the (Kentucky) business says that 2,000 binders were produced and delivered."

"Some of the folders were delivered to the advertisers, but obviously these businesses were interested in getting their ads out to customers," Orsey said.

Cheryl Crawford, one of the local business owners who

advertised on the folders at a cost of \$499, asked some of her regular clients if they had received a binder.

She was told by one customer that the customer had seen a whole box of the folders dumped in a snowbank in January, she said.

"None of my customers ever received one. I know of only one lady who received one. She lives in Mitchell and it was delivered on the ground," Crawford said.

"I'm questioning now whether even 2,000 were produced and, if produced, distributed," Orsey said.

The ads were solicited about a year ago and distribution was scheduled for January of this year.

Orsey said that his office was contacted last week by several business owners in Edwardsville, Collinsville and Highland who believe they, too, may have been cheated by the same company in the same manner.

Orsey is looking for anyone who may have received one of the folders in order to verify distribution.

He is also seeking other business owners in the area who paid for advertisements on the binders.

Persons with information should call the Illinois Attorney General's Regional Office in Granite City at 877-0404.



On duty — Belleville Area College President Joseph I. Cipri presents a certificate of graduation from the BAP Police Academy to Timothy Salto. Salto is serving with the Granite City Police Department.

Family Festival '94 set for Sept. 10

The Granite City Drug Free by 2000 Task Force elected executive officers for the 1994-95 year at a planning meeting held April 4 at the Elks Lodge.

President is Sandy Crites, a Granite City alderwoman; vice president is Don Knight, former Granite City police chief; secretary is Judy Curry, executive secretary of the Granite City Police Department; and treasurer is Jim Lunsford, co-chairman of the Elks Lodge Drug Awareness Program.

Chairmen of the Family Festival '94 are Bob Meszaros and Jim Lunsford, co-chairmen of the Elks Lodge Drug Awareness Program, and Dave Polivick, director of parks and recreation, Granite City Park District.

Family Festival '94, which will

be held on Saturday, Sept. 10, will consist of the same events and activities as were held last year.

A parade will begin at 11 a.m. at Edison and Niedringhaus avenues and proceed to Wilson Park via Niedringhaus, Madison Avenue, 27th Street and State Street. Trophies will be awarded at the Wilson Park Ice Rink immediately after the parade. The theme of the parade is "Granite City Drug Free by 2000."

From noon to 4 p.m. Sept. 10, activities at Wilson Park will include game booth, food concessions, displays and entertainment.

A citywide essay contest and first through sixth grades poster contest will also be part of Family Festival '94.

The theme of the essay contest is "Why I Believe I (or My Family) Live a Healthy Lifestyle."

The elementary school posters should creatively show the promotion of a life free of alcohol and other drugs. Medals will be awarded to essay contest and poster contest winners.

Volunteers are needed for committees, including game booths, displays, entertainment, fair decorations, parade, fund raising, publicity, essay contest and poster contest.

Anyone interested in helping with Family Festival '94 should call Judy Curry, secretary of the Drug Free Task Force, at 461-8760 for further information.

The next meeting of the Task Force will be held at 6:30 p.m. Monday, May 2, at the Elks Lodge, 4801 Maryville Road.

Luhr denies false claims on river job

Luhr Bros. Inc. has denied that it filed false claims with the federal government for a 1988 Mississippi River dredging project.

"None of the allegations against Luhr Bros. has any merit or substance and it is unfortunate that the government has chosen to take this action," Arthur A. Baltz, secretary-treasurer of the company, said Thursday.

U.S. Attorney W. Charles Grace filed a lawsuit Wednesday in U.S. District Court in East St. Louis alleging that Luhr Bros. of Columbia double billed the government for a river job near Thebes in Southern Illinois.

Luhr had a \$20.3 million contract with the U.S. Army Corps of Engineers in 1988 to dredge the river's navigation channel, Grace said.

The suit seeks \$1.8 million in damages against Luhr, triple the \$600,000 the company allegedly overcharged the government, Assistant U.S. Attorney Gerald Burke said.

But Baltz denied the allegations and said the company "successfully performed this contract in accordance with all laws and regulations."

"Luhr Bros. has not filed any false claims nor has it breached any contract," he said.

Luhr was required to perform a "substantial amount of extra work" to keep the river open for navigation because of low water and because of "erroneous contract plans" provided by the government, Baltz said.

After the job was completed, Luhr "fully and voluntarily" cooperated in a government audit of the company's records and employees, he said.

The company's attorney will file a court response denying all the allegations, Baltz said.

The corps gave Luhr Bros. its contractor of the year award for work on the dredging project.

— From the Alton Telegraph

Tell us about your mom

Your mother is the best mother in the world? Then she should be worth a minute to tell us why.

The Granite City Press-Record Journal is holding an essay contest on the subject "Why my mother is the best."

The winning author will be awarded \$25 and the best essays will be published in the newspaper.

Entries should be no longer than two or three paragraphs and should include the name, address and daytime telephone number of the person submitting the entry. The deadline for submissions is noon May 2.

Send entries to the Granite City Press-Record, Attn: Best Mother, 1815 Delmar Ave., Granite City, Ill. 62040.

Granite City Journal

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Editor **Bob Slate**
City editor **Mike Myers**
Sports editor **Tony Panozzo**

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County Board members planning pay raise for selves

Four months after the Madison County Board forced department heads to tighten their budget belts, board members are getting ready to fatten their own wallets.

The County Board's Finance Committee is expected to recommend an increase in the \$8,500 annual stipend future board members receive.

However, the hike may be something of a trade-off because the committee may link it to elimination of mileage reimbursement.

In December, the Finance Committee adopted an austere budget plan that called for almost no increases in spending over last year and required most department heads to absorb

employees' raises within their existing operating budgets.

The budget, which county financial experts said was necessary to avoid serious deficits in the near future, was later approved by the full board.

Last week, however, Finance Committee Chairman Bill Little of Alton said a pay raise for the 29-member board is in the works.

"It's hard to say how much it would be. That'll be discussed later," Little said, though he indicated a figure of \$8,000 has been suggested by some board members. A vote on the proposal is expected at the board's June 15 meeting.

The raises, if approved, would take effect in December for 14

board members to be elected in November. The raises for other board members would have to wait until later elections because of staggered terms and because state law prohibits elected officials from changing their compensation during their terms of office.

A similar proposal to increase the stipend to \$9,000 was defeated in October 1992 during a rowdy board meeting.

At the time, raises for other officials were approved, but many board members said they were reluctant to increase their own pay with an election looming. All 29 board seats were up for election in November 1992.

The pay raise proposal may not prove as thorny an issue as two years ago because of the trade-off with mileage expenses. "That'll be part of the compensation package we'll be looking at," said board member Don Rea of Ponton Beach, one of the board's most outspoken opponents of mileage pay.

Rea had intended to call for elimination of mileage reimbursement at Wednesday's meeting but backed off after Little and others asked him to wait until the raises can be brought for a vote.

"I still feel that we should do this," Rea said. The average monthly mileage check for board members is \$36, county figures show. In January, individual members' reimbursements ranged from \$1.50 for William "Skip" Krumeich of Edwardsville to \$83 for Don Garrett of Madison.

Garrett unwittingly sparked the mileage controversy last year when he admitted filing bogus mileage claims for nonexistent meetings. He has since threatened to sue the board if travel money is eliminated.

On Wednesday, the board voted to codify a rule prohibiting mileage claims for committee meetings that begin within three hours of each other.

The three-hour rule was imposed by the Finance Committee earlier this year, but some officials said they wanted the full board to approve it as well.

— From the Alton Telegraph

Mileage compromise may lead to elimination

By Scott Wuerz
Staff writer

The Madison County Board reached a compromise Wednesday on mileage reimbursements for members. But the plan may only be a pit stop on the road to banning the payments completely.

By a voice vote, the county board approved a resolution introduced by Legislative Committee chairman Alan Dunstan which limited board members to only one mileage credit — regardless of how many committee meetings a board member attends — for every three hours they spend at the courthouse.

Dunstan said the legislation was needed to keep board members from exaggerating mileage claims. The resolution would disallow the claiming of mileage for round trips to and from their homes for meetings which occurred back-to-back, and also would disallow signing the attendance log for meetings of committees of which they were not members.

Board members are reimbursed 29 cents for each mile they drive to and from board and committee meetings.

Although the new legislation will cut down mileage reimbursement abuse, board member Donald Rea of Granite City said the payments should be cut out entirely.

"I am adamant about elimi-

nating payment for mileage because of the problems it has caused," Rea said.

"Every body knows (mileage payments) have been a problem — it's been in all the papers."

"I think when the compensation plan for new board members (those to be elected in November 1994 and 1995) is discussed in committees, it would be the appropriate thing to do to eliminate it completely."

Rea said the compensation packages to be offered to newly-elected board members should be in place by June.

Board member Don Garrett of Madison has maintained that the elimination of mileage reimbursements would be unfair to board members who live the greatest distance from the county seat in Edwardsville.

Garrett has said that there is no way it can be said that any one is making any money off of the relatively low mileage reimbursements.

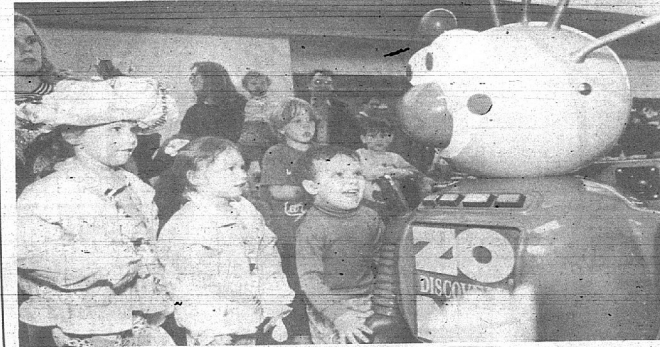


Rea



(Photos by MARK BONEBRAKE)

Fun time — Above, 3-year-old Kyle Robertson of Granite City admires the little white mouse that magician/clown Larry Minth made appear from nowhere during Family Fun Night at Gateway Convention Center in Collinsville. Below, five-year-old twins Ashley, left, and Amber Clark of Madison and Alex Oetzel, 3%, of Edwardsville talk with Z-Bop the Robot. Below, 3-year-old The event was part of the 14th annual conference for children, parents and early childhood professionals hosted by the Southwestern Illinois Association for the Education of Young Children.



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P185/75R-14	51.00	P225/75R-15	49.00
P195/75R-14	53.00	P235/75R-15	51.00
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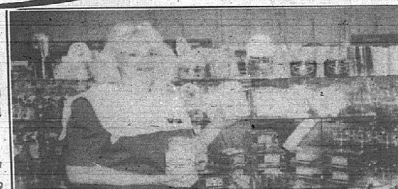
SHOE BOX GREETING: Mindy Stephens says "All Shoe Box are now \$1.00 at Jan's Hallmark."



Diane Walker puts finishing touches on your wrapped gift at Jan's Hallmark.



Paula Cox shows off her new display of Carr photo frames and offers 25% off already ticketed price on Friday, Saturday and Sunday only at Jan's.



Mary Craig proudly introduces Yankee Candles to Granite City.



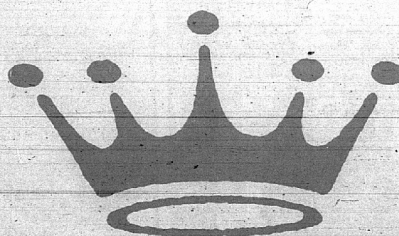
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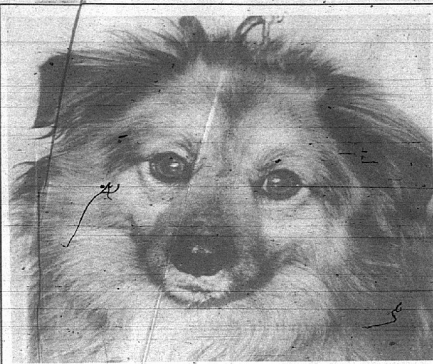
JAN'S Hallmark



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Crossroads Plaza / Granite City

451-7467 Fax



(Staff photo by JOHN SWISTAK JR.)

Meet "Bambi"— This friendly 3-year-old male Shetland mix is among many homeless animals available for adoption from the Madison County Humane Society. He is tan and white. With all shots and neutered, his adoption fee is \$50. To adopt Bambi, (Card D-104) apply in person at the shelter, 8501 Illinois 143, Edwardsville, or call 656-4405. Shelter hours are 9:30 a.m. to 4 p.m. Monday through Friday, and from 9:30-11:15 p.m. Saturday and closed Sunday.

•Training

(Continued from Page 1A)

in cardio pulmonary resuscitation (CPR), but will be trained to tell someone else how to do it.

"When people call 911, they expect to get help," said Granite City Police Chief Dave Ruebhausen.

"The first four or five minutes are such an important time if someone is choking or in full cardiac arrest."

"In many cases, the crucial seconds between the time the call comes in and the time the ambulance arrives can mean the difference between life or death," Ruebhausen said.

Madison County 911 Coordinator David Whipple said Madison and St. Clair counties will be paying for the training sessions.

There will be nine three-day Emergency Medical Dispatch training courses at the St. Clair County Jail in Belleville between May 16 and June 25.

Pomeroy said Granite City Police will be sending a total of 15 dispatchers and police officers through the three-day training.

"In the case of a person choking or a heart attack, a well-trained and prepared telecommunicator can walk a person through clearing an airway or initiating CPR," Pomeroy said.

Pomeroy acknowledged that there was some risk of a dispatcher giving incorrect advice to a caller. But he said the benefits of the training outweigh the risk.

"There's always an element of danger, in that you could give somebody some wrong advice without knowing all the details," Pomeroy said.

"But court decisions seem to indicate we are more at risk, liability-wise, if we don't try to help than if we try to help and give the wrong advice by mistake," Pomeroy said.

Collinsville Police Chief John Swindle, who is a member of the Madison County Enhanced 911 Board, said he is "absolutely in favor" of the training for telecommunicators.

Swindle said board members believe the Illinois Commerce Commission eventually will mandate that telecommunicators receive certification as Emergency Medical Dispatchers.

Rabies control clinic planned

A rabies control clinic will be held from 5 to 7 p.m. Wednesday, May 11, at the Chouteau Township highway garage located at 906 Thorngate Drive, at the rear of Midwest Motel in Mitchell. Rabies vaccinations and other disease-preventative shots will be available at a nominal fee. All township residents are being requested to take advantage of this service for the benefit of pets and family members.

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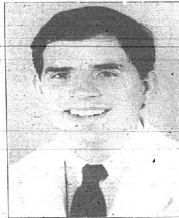
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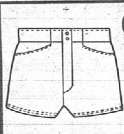
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OATH will benefit from dinner/dance

A benefit "Boot Boogie" Western chicken and beer dance will be held at 7:30 p.m. Saturday, April 30, at St. Gregory's Armenian Hall, 10 Colonial Drive, Granite City. All proceeds will go to the Organization for Advancement of The Handicapped (OATH), 612 State St., Madison. OATH operates a workshop for adults who are developmentally disabled.

Music will be provided by the band Sidekick. In conjunction with the dance, there will be an auction of articles donated by celebrities, including items from Billy Ray Cyrus, Vince Gill, Wynona Judd, Allen Jackson, Randy Travis, Billy Dean, Kathy Mattea, Patty Loveless, Alabama, Bob Hope, Tim Conway, Whoopi Goldberg and Clint Eastwood.

Also donated for the auction are an exercise bicycle and stepper from Johnson's Furniture Outlet in St. Louis. Admission, which includes chicken, beer and setups, is \$14 in advance and \$16 at the door. Tickets may be purchased at OATH, 878-3178, or through MetroTix, 534-1114.



Ron Crippen, a worker with the Organization for Advancement of The Handicapped, and Sharon Varady, executive director of OATH, with some of the many items that have been donated for a benefit auction to be held at 7:30 p.m. Saturday at St. Gregory's Armenian Hall. All proceeds will go to OATH.

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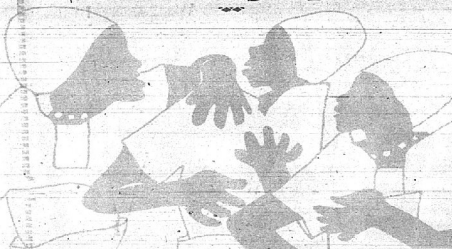
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Masonic officers — Officers — of Masonic East Lodge 504 in Fairview Heights are, from left, front row: Edwin Guterman, secretary; Kenneth Johnson, senior warden; Stephen Oakley, worshipful master; William Coffee, junior warden; and Charles McIntosh, treasurer. Back row: Stephen Richards, chaplain; Kenneth Overturn, senior steward; Andrew Talkington Sr., junior steward; George Fickas, junior deacon; Lairy Judd, marshal; Robert Whiteside, tyler; and Carl Cozair, senior deacon.

Computer camps set this summer

Southern Illinois University at Edwardsville will offer two computer camps for children, ages 7 to 12, this summer.

Sponsored by the School of Education, the day camps are scheduled June 13-24 and July 11-22. Camp sessions will meet from 9 a.m. until 3:30 p.m. each day, Monday through Friday. Registration is \$175, which includes a \$25 non-refundable application fee. Students are responsible for bringing their own lunches.

Campers will receive three hours of computer instruction each day on either Apple IIe or IBM computers and three hours of recreation. In the classes, children will be grouped according to age and computer experience.

Participants may choose from seven computer mini-courses, all designed to build skills in problem solving, critical thinking,

and computer usage. The courses include: word processing (Appleworks or Word Perfect); LogoWriter, teaches problem-solving skills; Lego-Logo, uses Lego blocks with computer language; problem-solving, uses commercial programs to build skills; graphics and animation; Basic programming, using the standard programming language; and keyboarding, develops skills needed for computer and typewriter usage.

Recreational activities available to the youngsters include swimming, tennis, racquetball, softball, soccer and other games. Contact Don Baden at 692-2328 for more information.

Nature in the park

Songbird habitat, prairie grass area planned

The Granite City Park District will implement two new nature projects this spring.

The programs are designed to attract additional songbirds to Wilson Park and to allow local citizens a view of the natural beauty of plant life native to the prairie state, Illinois, park district officials said.

One of the new programs is the Prairie Restoration Site. It will be located immediately behind the Woodland Trails Shade Garden of Wilson Park.

The site will consist of various prairie grasses such as big and little blue stem, switch grass and Indian grass, a district spokesman said.

There will also be wild flowers such as purple cone flowers, black-eyed Susan and shooting star (lupinus).

Exhibiting the plant life to Illinoisans is the purpose of this program.

Plantings that people

normally would not see are an important goal of the Granite City Park District plan," a spokesman said.

"The Prairie Restoration Site will be a beautiful enhancement to the various flowers and unusual plants already planted in the gardens of the park. Funding for this program has been received from private donors."

The second program to be implemented will be the Songbird Habitat.

The purpose is to provide an area in the park that will attract songbirds such as bluebirds, finches, bay-breasted warblers, orioles and others which park

employees have seen here in the past.

This site, consisting of sunflowers, corn, milo, bird peas, white soybean, common millet, duck millet and a scattering of wild flowers, will create a feeding habitat that songbirds can enjoy.

The area will be surrounded with a border of hybrid corn and sunflowers.

The Songbird Habitat will be located west of the sunken gardens in Wilson Park.

Seeding for this project will be provided by the Madison County Soil and Water Conservation District.

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Enclose this coupon with your next order of 35mm, 110, 126 or Disc color print film and save! C-41 process only. Limit 1 coupon per customer, per envelope. Not valid on 1-hour photo service. Savings good at any SuperX, Sav-On or Thrifty store thru 5/7/94.

VALUABLE PHOTO-COUPON!

4" SINGLE PRINTS!

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This Weeks Beverage Buys!

KEYSTONE
Suitcase
\$789

PABST
12 Pack Cans
\$359

SUPER-X DRUGS
3401 Namecki Road, Building #2, Granite City, IL 62040 - 451-7970

Raincheck: All advertised items are required to be readily available in our store. If we run out of an advertised item, you may choose a comparable brand, when available, or a raincheck which entitles you to purchase the advertised item at the advertised price. Reasonable items excluded. We reserve the right to limit quantities. No sales to dealers. "Suggested Retail Price" may not be the price at which the product is generally sold. Only one vendor coupon will be accepted per item. Reasonable coupons available in store. Regular prices may vary in some stores due to local competition.

Diabetes class begins May 12

Kathy Haarmann, RN, BSN, and certified diabetes educator, will be part of the teaching team in a free Take Charge of Your Diabetes class offered at St. Elizabeth Medical Center.

The class will be held from 6:30 to 9:30 p.m. Thursday, May 12, at SEMC's Collinsville Health Center, 800 St. Louis Road, in Collinsville.

The class will include:

- A general overview of diabetes.
- Symptoms.
- Diabetes management.
- Exercise.
- Testing and
- Complications of the condition.

A registered dietitian will present nutrition information related to diabetes, including information on sweeteners, fiber, label reading and fast foods. A pharmacist will speak on medications, including insulin and oral agents.

Diabetes is the number one cause of new blindness and the third leading cause of death by disease in this country. You owe it to yourself to find out all you can.

The class is free, however, space is limited. Pre-registration is required. For more information, or to pre-register, call the SEMC Education Resources Department at 798-3201.

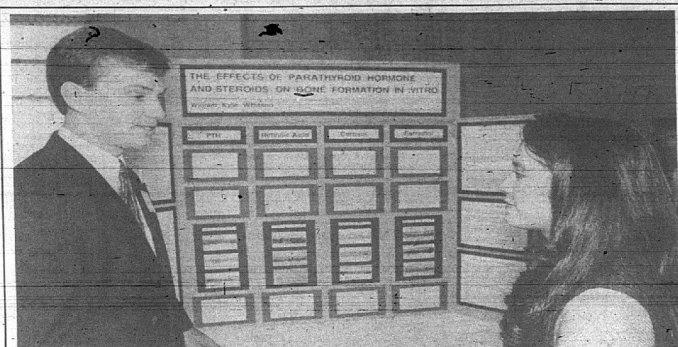


Table clinic — Michelle Parra of Granite City, a first-year dental student at the Southern Illinois University School of Dental Medicine, looks over the table clinic project of second-year student Kyle Whitson of St. Louis. The school sponsors table clinic competition each year.

Chouteau seniors' dinner is Thursday

Chouteau Township Senior Citizens will meet at 6:30 p.m. Thursday, April 28, at the Chouteau Social Center, 906 Thorngate Drive, Mitchell.

A pot luck dinner will be served and games will be played following a regular meeting.

Learn more about one of the most common forms of cancer

Each year, more than 700,000 Americans are diagnosed with skin cancer — one of the most common forms of cancer. Studies show skin cancer is caused by repeated sun exposure, and in many cases can be prevented by taking a few simple precautions. Fortunately, skin cancer is the easiest cancer to detect, and if found early enough, most cases can be treated successfully.

St. Elizabeth Medical Center

will be offering

free skin cancer screenings

Saturday, April 30, from 9 a.m. to noon,

at two locations:

Collinsville Health Center

800 St. Louis Road, in Collinsville

and

Suite 23, in the Wolf Medical Building,

2044 Madison Ave., in Granite City

Appointments are necessary.

To register call 798-3201.

Need Money At The Last Minute? Don't Worry, We're OPEN 'Til Then

The Pawn Shop

877-LOAN (5628)

1151 Edwards Rd. (Hwy. 203)

\$250 OFF YOUR NEXT PURCHASE

(Min. \$10.00 Purchase)

W/Coupon • Exp. 5/21/94

Paying too much for Auto Insurance due to points, accidents, violations?

You Should Call Us Now

451-2361

Also Low Premiums For Motorcycles

CALL NOW

Sibling class scheduled at hospital

St. Elizabeth Medical Center is offering an opportunity for siblings to learn to feel that they are an important part of an upcoming event — the arrival of a new brother or sister.

SEMC's Expectant Sibling Class allows children to participate in activities directed toward their role in welcoming and understanding their family's newborn baby.

To attend, children must be three years of age or older, and the expectant mother must be at least six months pregnant. The child must be accompanied by a parent, who will also be involved in the class activities.

The cost is \$5 per child or \$10 for two or more children.

The class will meet from 10 a.m. to noon Saturday, May 14, in the OB/Sutarium, second floor of the Doctors' Wing at SEMC. Registration is required. Deadline for registration is Wednesday, May 4.

STROTHEIDE CHIROPRACTIC



The Tradition of Excellence Continues...

DR. E. L. STROTHEIDE DR. J. L. STROTHEIDE

• Class Valedictorian — Logan Chiropractic College

• Dr. Al Smith Scholar Award

• Board of Trustees, Logan College

• On Staff of Wood River Township Hospital

• Past President — St. Louis Chiropractic Research Foundation

• Member — American Chiropractic Association

• Member — Illinois Chiropractic Society

• Member — International Chiropractic Association

• Member — American Biomechanical and Bioengineering Association

• Member — International Chiropractic Association

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Woman's remains found near home • Expert

By Nicole Vaughn
Staff writer

The search for a woman who walked away from the Edgewood Health Care Center in Maryville last summer did not end with the joyful reunion that family and police had long hoped for.

Instead it came to a close with the discovery Saturday of the skeletal remains of Arlene Edwards, 56, in a wooded area less than a mile from the nursing home.

According to Maryville Police Chief Don Sonnenberg, Edwards' remains were discovered shortly before 8:30 a.m. by retired Maryville resident Frank Benesh, who was hunting mushrooms near his home.

Sonnenberg said that while Edwards' remains were scattered over a 200- to 300-yard area, foul play is not suspected. Sonnenberg said the movement of water in a creek bed had like-

ly moved the remains. Edwards was identified through dental records. She is believed to have either died of exposure or of a massive heart attack or stroke.

"She was suffering from Alzheimer's disease and it's not likely that she survived more than 24 hours because of the heat and her physical condition," Sonnenberg said.

Edwards, of Troy, disappeared July 3 after she apparently walked away from the nursing home where she had been a patient for one day.

After scouring the village with a plane with a heat sensor, tracking dogs and foot searches—including the wooded area where Edwards was found—police shifted their search to downtown St. Louis.

They theorized that Edwards had boarded a free shuttle bus to the VP Fair. And dozens of reported sightings seemed to

support the theory.

"It's very frustrating and disheartening that she was found here," said Sonnenberg. "I was really hoping that she had gotten tied up with the homeless and that there was somebody putting her under their wing until we could get to her. That's not going to happen."

Saturday's discovery was more sorrow for Edwards' daughter, Jeradine Nix, and her family, of Troy.

While police were trying to contact the family to tell them about Edwards, Nix was attending her father-in-law's funeral.

"We got a lot all at once," Bill Nix said.

"It was quite a shock," he added. "Once we had a chance to reflect on it, though, we are grateful that she was found at all."

At the homes, parents and elder siblings were extensively educated about ways to reduce the risk of lead contamination, including nutrition, house cleaning and removal of the availability of identified lead sources such as peeling paint.

"To be honest with you, I didn't expect the intervention to make any difference," Kimbrough said. "So when the follow-up results came in showing drastic reductions (in blood lead levels), I thought there must be a mistake and went back and checked all of my figures."

The mean blood-lead levels in the second round of testing—done four months after the original testing—were about half of the original levels and well below even the lowest level for concern, according to the study.

Kimbrough said a one-year follow-up round of testing showed that the blood-lead levels have remained below the level for concern.

Even after rechecking her figures, Kimbrough said she still had a nagging feeling that the study was "some kind of fluke" until she started hearing of other studies in other parts of the country that had similar results.

Many of them done for the

EPA, but not yet published. Kimbrough said she is now convinced that educational intervention is probably the only necessary, and only effective, way to deal with problems with lead contamination in this area.

She said the study found that the lead contamination not only came from a number of sources, but that the combination of the sources was also linked to a higher level of contamination.

While houses close to the former smelter in the southern downtown Granite City neighborhood were more likely to have children with elevated blood-lead levels, Kimbrough said, those houses were also more likely to be rented and in bad shape.

And the inhabitants were more likely to be less educated, economically disadvantaged and poor housekeepers—other factors that the study showed have a correlation to elevated blood-lead levels.

As a result, Kimbrough said, removing any single factor, such as lead-contaminated soil—would be unlikely to lead to a reduction in blood-lead levels.

Such a reduction, however, could likely be achieved by a change in living habits addressing all the correlating factors and Kimbrough said the local study showed "that is exactly what happens."

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Obituaries

Essie Dotson

Essie May (Dollins) Dotson, 87, of Pomona, Ill., formerly of Granite City, died at 12:56 p.m. Saturday, April 23, 1994, at Jackson County Nursing Home, Murphysboro, after a five-month illness.

She was born Jan. 23, 1907, in Craighead, Colo., and had been a resident of Pomona for 21 years. A homemaker, she was of the Pentecostal faith.

Survivors include two sons, Lloyd Davis of Pocatello, Idaho, and Melvin Davis of Maynard, Ark.; one daughter, Wilma Rains of Pomona; one sister, Dorothy Hochuli of Granite City; 12 grandchildren; 26 great-grandchildren and four great-great-grandchildren.

She was preceded in death by her husband, Alfred Dotson; her parents, James and Sarah (McFall) Dollins; three brothers, Everett, O.B. and Roy Dollins; and one sister, Jewel King.

Services were held Tuesday at Lahey Sedlack Funeral Home, Madison, with the Rev. Lester Johnson officiating. Burial was at Sunset Hill Memorial Estates, Glen Carbon.

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Marie Angle

Marie (Roach) Angle, 64, of Granite City died at 1:25 a.m. Sunday, April 24, 1994, at St. Elizabeth Medical Center after a one-year illness.

She was born May 10, 1929, in Granite City, where she had been a lifelong resident.

Mrs. Angle was a homemaker and a member of Granite Chapter 150 of the Order of the Eastern Star. She was of the Protestant faith.

Survivors include her husband, Ellis F. Angle Jr., four sons, Wayne Angle, Robert Ellis Angle and Timothy Glenn Angle, all of Granite City; and four grandchildren.

She was preceded in death by her parents, Harvey and Birdie (Gibson) Roach.

Services were held Tuesday at Davis Funeral Home, Granite City, with the Rev. Ron Chase officiating. Burial was at Sunset Hill Memorial Estates, Glen Carbon.

Memorials are requested for the Shrine Hospital for Crippled Children.

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•Rates

(Continued from Page 1A)

debt service plus \$1.30 for billing (which comes to a total of more than \$10 a month).

Wood River residents pay \$1.56 per 1,000 gallons plus a \$2.96 per month administration fee (which comes to a total of about \$10.76 per month).

Those served by the Metro East Sanitary District receive a minimum monthly bill of \$6.85 per month plus pay \$2.28 per 1,000 gallons for water usage of more than 3,000 gallons. That translates into an average bill of \$11.43 per month, based on 5,000 gallons of water used.

Mayor Ron Selph and Alderman Kim Affolter, chairman of the aldermanic WWTP Commit-

tee, have called for a special meeting of the City Council at 6:30 p.m. May 11 to discuss sewer billing.

Chart Juneau of Juneau and Associates told the WWTP Committee that the Illinois Environmental Protection Agency encourages municipalities to bill customers for sewage collection, treatment and the cost of billing.

Maintenance of city sewers is currently done either by street department workers or by licensed contractors. Maintenance is currently paid for from the city's general fund.

But city officials are rethinking that practice.

The city's Sewage Treatment Fund had a balance of \$3,662,426 as of March 31 of this year, according to City Treasurer Gerald Valle's monthly report.

By comparison, the city's General Fund contained a total of \$1,642,512.

If maintenance was done by sewage treatment plant employees, those employees could be paid from WWTP funds. That would relieve the burden on the city's general fund and make those dollars available for other city services.

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'Parent survival' workshop set

A Parent Survival Skills workshop being offered next month at St. Elizabeth Medical Center in Granite City.

The workshop will be held from 6:30 to 8:30 p.m. Wednesday, May 18, in the Wiesman Room on the first floor of the West Wing at SEMC, 2100 Madison Ave.

The workshop is sponsored by the School Consultation Services of St. Elizabeth Medical Center.

The presenters will be Margi Wagner-Parley, M.S., and Roy Marks, M.A. The two are responsible for providing mental health services to students at Collinsville High School and Coolidge Junior High School, Granite City.

There is no charge, but registration is limited to 25 people. To register, the number is 782-0868.

Deadline for registration is Friday, May 13.

Those who have questions about the workshop may call Wagner-Parley at 346-6216 or Marks at 451-8226.

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Community calendar

Our event calendar also includes entries for community groups and their normal meeting days. Such groups meet on the first Monday of the month, the first Tuesday of the month, etc. Readers are encouraged to call these groups if holidays or other days pose uncertainty.

Corrections, additions and deletions of information are encouraged, and new entries may be added at any time by calling the newsroom at 876-3000.

This calendar runs in every Wednesday's Journal.

Wednesday, April 27

International Training in Communication (ITC), Illini Club, meets 5:30 p.m. at Havanell's Restaurant, 3 American Village Shopping Center, Granite City.

Pulmonary Support Group, for persons with diagnosed lung condition, 11 a.m. to noon at Doctors Solarium, St. Elizabeth Medical Center, 798-3019.

Singles Connection, Indoor game night at 7 p.m. at the First Federal Savings and Loan Building, 800 St. Louis St., Edwardsville, Call Linda at 656-3364.

Alcoholics Anonymous, 11 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 876-8467.

Al-Anon, 7:15 p.m., Gateway Foundation, 600 Lincoln, Caseyville, 463-2429.

Parents Anonymous Group, meets 6 to 8 p.m. For information on where meeting will be held, call Elaine Landolt, 453-7201.

Stress Management Class, 7 to 8 p.m. at Mental Health Services, 50 Northgate Industrial Drive, Granite City. For people who want to know what causes stress, how it affects their lives, and what they can do about it. For more information call 877-4420. Fees are based on a sliding income scale.

Thursday, April 28

Venice Park Board, 6:30 p.m., Venice Recreation Center, 453-7201.

Mount Zion Baptist Church, 4:30 to 6 p.m. at 2827 Mockingbird Lane. "Meals from the heart," a meal to those in need. Clothing available. Open to the public.

Singles Connection, Bike or hike the Glen Carbon Trail at 6:15 p.m. We will meet next to the fire station. Call Bev at 344-5641.

Chouteau Township Senior Citizens, 9 a.m. to 2 p.m., Social Center, 906 Thorngate Drive, Mitchell.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 876-8467.

Alcoholics Anonymous, 8 p.m., Presbyterian Church, Mitchell, 876-8467.

Alcoholics Anonymous, 11 a.m., Unity Chapel, Stratford and Village lanes, Granite City, 876-8467.

Al-Anon, 9:30 a.m., St. Elizabeth Church, 2300 Pontoon Road, 463-2429.

Al-Anon, 8 p.m., Wellness Center, 2103 Iowa, 463-2429.

Narcotics Anonymous, Seeking recovery, 8 p.m., 2016 Delmar Ave., 24-hour hotline is 398-9409.

Overeaters Anonymous, 7:30 p.m. at First Christian Church, 2415 N. 88th St., Caseyville. For information, call 1 (314) 658-7231.

Granite City Community Band, rehearsals, 7:30 to 9 p.m., St. John United Church of Christ, 2901 Nameoki Road, Granite City, 931-0443.

Friday, April 29

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 876-8467.

Singles Connection, Dinner at 7 p.m. at the Hideout Restaurant in Fairview Heights. Call John at 345-5042.

STEMSS (Support Together for Emotional and Mental Serenity and Sobriety), A support group for people with a mental illness and/or alcohol or substance abuse problem, meets from 1:30 to 2:30 p.m. at Pascal Hall, St. Elizabeth Medical Center. Call 798-3604 for more information.

Saturday, April 30

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 876-8467.

Coop's Corner Gifts

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ASK ABOUT FREE ENTRY

Al-Anon Adult Children, 10 a.m., 2016 Delmar Ave., 463-2429.

Narcotics Anonymous, Acceptance, 8 p.m., 2016 Delmar Ave., 24-hour hotline is 398-9409.

Rescue Mission, 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon.

Sunday, May 1

Midwestern United States Imperial Dance Club (MDSIC) will hold its regular meeting starting at 6 p.m. at the American Legion Hall in Collinsville. The public is invited for dance lessons and open dancing at a cost of \$4 for non-members and \$2 for members. For more information, call 463-2405.

Senior Social Club, meets at the Township Hall, doors open at 12:30 p.m., bingo and games start at 2 p.m. Call 877-1215 for more details.

Singles Connection, We will be going on a bike ride sponsored by the St. Louis Bicycle Touring Society and the Relationship Center in St. James, Mo. The cost is \$6. We will meet at 9:15 a.m. at Drury Inn in Collinsville. Call Charlie at 235-0072.

Singles Connection, Interested in fishing? We will fish at Mick's Lake in St. Jacob. Meet at 12:30 p.m. at Super Value in Troy. Call Charlie at 931-5611.

Singles Connection, We will take imperial dance lessons at 8 p.m. at American Legion Post 365, 1022 Vandavia St., Collinsville. \$4 fee for the lessons and a general dance that follows.

Alcoholics Anonymous, 1:30 p.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 876-8467.

Narcotics Anonymous, Live the Streets, 8 p.m., 2016 Delmar Ave., 24-hour hotline is 398-9409.

Alcoholics Anonymous, 8 p.m., St. Elizabeth Medical Center, Pascal Hall, main floor, Granite City, 876-8467.

Moose Lodge Bingo, 1:15 p.m. at the Nameoki Bingo Center. Overeaters Anonymous, meets at 2 p.m. in the Wiseman Room, first floor, St. Elizabeth Medical Center in Granite City.

Monday, May 2

Disabled American Veterans Chapter 33 Auxiliary, 1417 19th St., Granite City, 876-7816, 8 p.m. (See CALENDAR, Page 12A)

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Calendar

(Continued from Page 11A)

Quad City Youth Fellowship Adult Board, 2257 Cleveland, 7 p.m., 831-3480 or 877-4848.
Camera Explorers Club, Hartford Public Library, 143 W. Hawthorne St., 7 p.m., call Beverly Zager, 254-9394.
The Pontoon Beach Jaycees regular meeting is held at 7:30 p.m. at Ralph and Charlie's Steak House. The meetings are open and the public is invited.
Singles Connection, Reception and introductory meeting held at 7 p.m. at First Federal Savings and Loan, 300 St. Louis St., Edwardsville. Call Linda at 696-3364 for more information.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 876-8467.
Al-Anon, 9:30 a.m., 2116 Club, 2116 Edison, Granite City, 463-2429.
Neglected Victims of Child Sexual Abuse, a support group for non-offending parents of victims, meets from 6 to 7:30 p.m. at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Care Center. Call 692-2197 for details.
TOPS 2048 (Take Off Pounds Sensibly), 6 p.m., Melvin Price Support Center in Granite City; 876-2124 or 931-5655.

TOPS II, 6:45, 7 p.m., Anchorage Recreation Center, 2902 Edwards St., Granite City, 452-6102. Men and women welcome.
Wak-Murt Senior Citizens, bingo, 7:30 to 8:30 a.m.

Tuesday, May 3

Diabetes Support Group, 1 to 3 p.m., President's Room, St. Elizabeth Medical Center, 798-3456.
Alliance for the Mentally III of Madison County (AMI) meets 7 p.m. to 9 p.m. at the Mental Health Clinic, 50 Industrial Drive, Granite City. For information call 798-3604.
Elkettes, Granite City Lodge 1063, Maryville Road, 931-3557, 7 p.m.

Granite City Unit, Madison County Homemakers Extension Association, noon, Anchorage Recreation Center. For more information call 876-7026 or 931-3735.

Singles Connection, Volleyball at 6:30 p.m. at the YMCA, Esic Drive, Edwardsville. There is a \$3 fee for three hours of play. Call Frank at 876-4315.

Trio Unit, Madison County Homemakers Extension Association, noon, Hope Lutheran Church, 3715 Washburn Ave., Granite City.
Pontoon Beach Village Hall, 3910 Highway 111, 6:30 p.m.

Madison County Legal Secretaries Association, meets at 6:30 p.m. Open to everyone in legal field: attorneys, legal secretaries, support staff, court reporters and court personnel. For more information call 465-4400.

Madison/St. Clair C.H.A.D.D. (attention deficit) Parent Support Group, meets 7 p.m. at St. Elizabeth Medical Center, Pascal Hall, public invited. The speaker will be Miss Weisbach, director of special education with District 10. Call Mr. and Mrs. Little at 345-0933 for information.

TOPS 1699, 6:45 p.m. at the Anchorage Recreation Center, 2909 Edwards St.; call 692-4340 or 797-5662.

Alcoholics Anonymous, 8:30 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 876-8467.
Alcoholics Anonymous (women only), 8 p.m., Presbyterian Church, Mitchell, 876-8467.
Al-Anon, 8 p.m., St. John United Church, 3003 N. Nemo, Granite City, 463-2420.
Al-Anon, 8 p.m., Niedringhaus United Methodist Church, 20th and Delmar, Granite City (babysitter available), 463-2429.
Alteen Program for 12 to 17 age group, meets at 5 p.m. at Niedringhaus United Methodist Church, 20th and Delmar. For more information call 463-2429.

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Where Beautiful Things Begin

If someone asked you to name a few of the biggest problems you face in the garden, what would your response be? Weeds, insects and animals would probably be among the more frequent answers. There are many problems gardeners face, from the above mentioned ones right down to the kids that like to pick your prized flowers.

What we're going to deal with today is animals. They've been major concerns of gardeners for many years. They all can make quick work of destroying a garden that's taken you countless hours to create.

Animals can be tough to control for two reasons. First, unlike weeds or insects, proper control of animals does not harm them in any way. The object is to deter them. Also, the little critters are smart. They can and do come up with their own ways to avoid our efforts.

Gardeners have developed many ways to keep unwanted animals out of their yards. Oftentimes what works one year may fail miserably the next. Why? As we said, animals aren't dumb. They learn from experience!

Here are a few ways to make your garden less attractive to animal pests.

Mice

These creatures are active throughout the year, digging up and feeding on such things as seeds and nuts. Tender vegetables and flowers also appeal to them. Fencing can keep 'em out. Bury the wire mesh at least a foot below the soil surface. Remove weeds from around tree trunks. Keep the garden free of grassy weed areas or leaf mulches to reduce the number of hiding places for mice.

Moles

They're up to six inches long, and have a tough time seeing past the ends of their slender, hairless snouts. But their senses of smell, touch and hearing are excellent. These creatures live in burrows made up of many interconnecting runways, usually less than a foot below the soil surface. The ridges they create are very noticeable in lawns. The best

way to control moles is to eliminate their favorite food source and force 'em to go elsewhere. That food source is grubs. Treat the lawn with Diazinon, for example. You'll get rid of the grubs, and eventually the moles.

Squirrels

They're rather cute little characters, but not when they're digging up your newly planted seeds and bulbs. They can also strip the bark or leaves from trees and shrubs. Placing chicken wire over the planted area goes a long way in keeping squirrels out.

Cats

Felines that roam freely, or perhaps even your own cat, can be quite beneficial to a garden. They keep mice, rats and other harmful rodents away, as well as nuisance birds. But when cats call, kitty looks for soft, loose soil and usually finds it in newly planted areas. Chicken wire to the rescue again! Once the soil becomes packed down, the wire can be removed, since the cat has probably found another spot.

Dogs

They can damage plants by trampling or lying on them. Digging up soil is a common occurrence, also. And, unlike cats, they don't care if the soil is soft or not. Sturdy fences are required to keep dogs away; the bigger the pet, the sturdier the fence. Eventually the pooch will adjust to the new limitations.

Earthworms

Unless you have a multi-ton dog, they're beneficial soil-dwelling animals, so they should be left alone.

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Liver or Gizzard Dinner 2-livers or gizzards 2 country vegetables or salads 1 homemade buttermilk biscuit Not valid with any other offer or discount. Good for a limited time.	2-Piece Super Snack 2 pieces of chicken, mixed 2 mashed potatoes & gravy 1 homemade buttermilk biscuit Limit 1 per table with any other offer or discount. Good for a limited time.	3-Piece Chicken Dinner 3 pieces of chicken, mixed 2 country vegetables or salads 1 homemade buttermilk biscuit Not valid with any other offer or discount. Good for a limited time.	5-Piece Box 5 pieces of chicken, mixed 2 country vegetables or salads 1 homemade buttermilk biscuit Not valid with any other offer or discount. Good for a limited time.
4-Piece Oven Roasted Chicken Dinner 4 pieces of Oven Roasted chicken, mixed 2 country vegetables or salads 1 homemade buttermilk biscuit Not valid with any other offer or discount. Good for a limited time.	Feed Four 4 pieces of chicken, mixed 2 pint mashed potatoes 1 pint gravy 1 homemade buttermilk biscuit NO SUBSTITUTIONS. Not valid with any other offer or discount. Good for a limited time.	15-Piece Box 15 pieces of chicken, mixed Not valid with any other offer or discount. Good for a limited time.	LEE'S

Рядов 3В



1. The first part of the document is a list of names and titles, including "The Hon. Mr. Justice" and "The Hon. Mr. Justice".

Warriors

(Continued from Page 1B)

inning. Trailing 3-0, the Warriors loaded the bases when winning pitcher Jeff Houston developed control problems with two outs. He walked Sean Lakatos with the bases loaded for Granite City's only run.

The threat fizzled, however, when Joe Zellerman was caught looking on strikes to close out the frame.

"That was the turning point of the game," Bernard said. "Granite City is an excellent baseball team. This 12-1 score is misleading. They have a lot of weapons up and down their lineup, and when Jeff started struggling in the second inning, it really put us in a spot."

A couple of base hits and this is a whole new ballgame. Fortunately, Jeff righted himself and we dodged a big bullet. But so much of this game is mental. If you can get the other team down mentally, it'll give you the edge. We got Granite City down and they never recovered."

THE RAMS PUT Granite City out of its misery with a six-run fifth inning. Four Granite City errors opened the floodgates. Losing pitcher Jeff Rideout only lasted 4½ innings. He gave up nine runs — all unearned — on only five hits.

"We can't blame our pitching for what happened today," Lignoul said. "Pitching and defense have been our bread and butter all season, but our defense abandoned us today. Errors are part of the game and good teams play through them."

"The disappointing part was our execution. We knew Mount

Vernon had a good ballclub, and we told the kids the team that executed would win this game. They executed and we didn't. It's that simple."

Mount Vernon won the tournament, by sweeping the three-game series. The Rams, who

scored 32 runs during the tournament, sealed up the title with a 10-7 victory over Civic Memorial.

Granite City's next game is Wednesday at home against Althoff.

Goskie fires hole-in-one

Tim Goskie shot a hole-in-one during open play April 16 at the Legacy Golf Club. The ace came on the 15th hole and was witnessed by Tim Jackstadt. Goskie used a 9-iron on the 143-yard hole.

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(Photo by T.W. MILLER)

Granite City's Kyle Briggs checks his swing Saturday morning at Varsity Field.

Journal Writers' Poll Baseball

Large Schools

1. Parkway West (2).....8-2
 2. Edwardsville (5).....10-1
 3. Hazelwood Central (10)....10-2
 4. Pattonville (1).....8-4
 5. O'Fallon (8).....8-0
 6. Francis Howell (6).....9-2
 7. McCluer (3).....9-4
 8. Parkway South (NR).....8-3
 9. Oakville (NR).....6-0
 10. Granite City (7).....12-3
- (Last week's ranking in parentheses.)

Small Schools

1. Waterloo (1).....12-1
 2. Hancock (2).....6-1
 3. John Burroughs (3).....5-1
 4. Lutheran North (7).....7-1
 5. Principia (5).....4-1
 6. Festus (4).....5-4
 7. Valley Park (7).....3-1
 8. Duchesne (NR).....8-1
 9. Freeburg (6).....6-5
 10. Windsor (9).....4-4
- (Last week's ranking in parentheses.)
- Also receiving votes: Lutheran South, Whitfield, Priory and Althoff.

First Ever! Pat Leahy Punt, Juggle and Shoot Contest

Lots of Fun - Cool Prizes!!!

All you have to do is fill out the form and mail it in right away! A FREE ticket to the Knights game for those who participate. Come to the game one hour early to compete in the contest, then stay and cheer for the St. Louis Knights.

Call 849-7033 for more information.

Additional tickets: \$5.00 adults & \$3.00 14-and-under.

Under 8 Boys & Girls	May 15, 5:30 PM	@ the Soccer Park
Under 9 Boys & Girls	May 19, 6:30 PM	@ the Soccer Park
Under 10 Boys & Girls	May 13, 6:30 PM	@ the Soccer Park
Under 11 Boys & Girls	May 20, 6:30 PM	@ the Soccer Park
Under 12 Boys & Girls	June 17, 6:30 PM	@ the Soccer Park
Under 13 Boys & Girls	June 24, 6:30 PM	@ the Soccer Park
Under 14 Boys & Girls	July 10, 1:00 PM	@ the Soccer Park

Name _____ State _____ Zip _____
Address _____ City _____ Home Phone _____
Birthdate _____
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Births

Nathan Sykes

Dan and Marcia Sykes of Granite City have announced the birth of their second child, a son. Nathan Daniel was born March 7, 1994, at Anderson Hospital. He weighed 6 pounds, 13½ ounces and joins Andrew, 22 months.

Thomas and Dorothy Schiller of Madison are the maternal grandparents.

The paternal grandparents are Pete and Bobbie Sykes of Lake of the Ozarks, Mo.

Dustin Young

Ronald and Diane Young of Granite City have announced the birth of their second child, a son. Dustin Craig was born at 9:10 a.m. March 8, 1994, at Anderson Hospital. He weighed 7 pounds, 10 ounces and joins Ashley, 3.

His maternal grandparents are Kenneth and Patsy Lewis of Granite City.

Bob Young and Nora Angle, both of Granite City, are the paternal grandparents.

Katelyn Moses

George and Kim Moses of Collinsville have announced the birth of their second child, a daughter. Katelyn Nicole was born at 2:24 p.m. March 8, 1994, at Anderson Hospital. She weighed 9 pounds, 8½ ounces and joins Karabeth, 4.

The following birth was recorded at St. Elizabeth's Hospital in Belleville:

A girl born to James and Sheila Moran of Granite City on March 8.

The following birth was recorded at Memorial Hospital in Belleville:

A boy born to Rhonda Barth of Granite City on Feb. 12.

Trio Homemakers club holds meeting

The Trio Homemakers Club of Madison County Association for Family and Community Education met at Hope Lutheran Church on April 5 with 34 members in attendance, in addition to one guest, Mary.

Local leaders, Lucille Sackett and Eunice Wilkerson, gave a lesson on cooking and using dried beans, peas and lentils. Dishes prepared were quick and easy casseroles, Mediterranean salad and fruit. Each member indulged with a sample.

Hostesses were Marge O'Neill, Clara Trogovich, Lucille Sackett and Marian Hamilton. Decorations were in keeping with the Easter theme.

President Doris Anderson opened the regular meeting with the Pledge of Allegiance to the Flag. Roll call was taken and a report of the previous meeting was given by the secretary, Lorna Henson. The treasurer's report was given by Louise Anderson.

President Anderson appointed Helen Miller and Pat Mitchell to be on the nominating committee for officers for the upcoming year.

Cultural enrichment chairperson, Judy Schatz, requested that all members who were interested in making necklaces bring them to the craft day meeting May 3. Additional items will be displayed with instructions for making them available.

Young family issues chairperson, Joyce Bennington, gave a reading titled Behind the Smiles, a Sense of Loss. Members agreed to give half of the stuffed bear project to the Madison County Sheriff's Office and Church Women United, to be given to the Dwight Prison children's play room.

President Anderson announced the district meeting will be held on May 3 at Shrine of Our Lady of the Snows in Belleville. A luncheon will be followed by a tour of the grounds. The Granite City Homemakers Club is host of the event.

Henson gave a reading titled Retirement From a Child's View.

Attendance prizes were awarded to Ada Matras, Mary Skates, Helen Todoroff and Naomi Chapman.

The next meeting will be a craft day May 3 at Hope Lutheran Church.

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Legion Aux. Juniors meet

Venice-Madison Unit 307, American Legion Auxiliary Juniors held their monthly meeting at Post 307 home in Venice on April 11.

Lunch was served to seven persons. Thank you notes were received for the tray favors sent to the Alton Mental Health Center for Easter and from the Madison County Nursing Home for the Valentine's sent to their residents.

Thank you was received from the 22nd District and Venice-Madison Unit 307 officers for their Easter cards with cross book marks.

Plans were discussed for the June program and favors for the June meeting of the senior group of Unit 307. Juniors will be the hostesses that night.

Those present were Kaleigh Peery, Chelsey Peery, Amanda Foley, Carrie Baker and Laura Martin. Seniors present were Dorothy Hinson and Carla Peery. The next regular meeting will be held Monday, May 9.



Finalist — Kassandra Stoops was among the Rising Star pageant finalists recently. Her sponsors are Gitchco Gas and Car X. Her hair was done by Paula Roberts, owner of Granite City School of Beauty. She is the daughter of Marianne Stoops.

Schools to hold logo design contest

The Granite City School Board has approved a request from the Granite City Park District for a logo contest among the high school students.

The student submitting the winning logo will receive a \$50 savings bond from the Park District. All high school students are encouraged to participate. The winning logo will be selected by the Park District Board of Commissioners on May 11.

The new logo will appear on park brochures, T-shirts, hats and other items relating to the pool.

Rules for the Wilson Park swimming pool logo contest are:

- Participant must be a Granite City High School student.
- The logo must be an original design, not already in use by any business or organization.
- The deadline for receiving entries is 6 p.m. Wednesday, May 11.

May 11.

Bring the logo to the Wilson Park main office or mail to Wilson Park Main Office, 2900 Benton Ave., Granite City, Ill. 62040. Be sure to mark "POOL LOGO CONTEST" on the envelope. Include your name, grade in school, address and telephone number.

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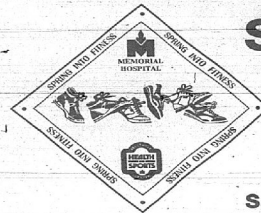
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SPRING INTO FITNESS FUN WALK

Saturday, May 7, 1994 • 8 a.m.

Time:

The walk will begin at 8:00 a.m. All walkers will start together at 8:00 a.m.

Course:

The 2.5 mile walk will begin at Memorial Hospital (south end) and finish at Belleville Health and Sports Center, 1001 South 74th Street. The course winds primarily through residential areas of west Belleville.

Entry Fee:

Prior to May 5, 1994, entry fee is \$7.00 for individuals and \$22.00 for families. Late registration and walk-day registration is \$10.00 for individuals and \$25.00 for families. Walk-day registration will begin at 7:00 a.m.

Packet Pick-Up:

Begins at 7:00 a.m. and continues until 7:45 a.m. Main lobby (north entrance) of Memorial Hospital.

Walk Notes:

1. A t-shirt will be given to all participants.
2. Shuttle service will be provided from Belleville Health and Sports Center back to Memorial Hospital. Last shuttle run will leave from the Sports Center at 11:30 a.m.

Open House:

An open house will be conducted at Belleville Health and Sports Center from 9 a.m. to 11 a.m. A variety of demonstrations will be held including:

- Aerobics
- Free Weights
- Racquetball
- Kardiac Karate
- Lifecycles
- Nautilus
- Stairmasters
- Therapeutic Massage

Health screenings:

- Pulse Oximeter Tests
- Nutritional Counseling
- Blood Pressure Screening
- Height/Weight
- Percent Body Fat Test
- Consultation with Orthopedic Surgeons

Refreshments

Information:

For more information or to request a Registration Form, call Memorial's Community Relations office at 233-7750, extension 5649.

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94 Chevy Caprice (350 V8 engine)	\$18,995	\$17,995
93 Chevy Cavalier RS 2 dr.	\$11,995	\$11,495
93 Chevy Corsica (3 available)	\$10,995	\$9,995
93 Pontiac Grand AM SE	\$12,995	\$11,995
93 Buick Skylark Cust.	\$12,795	\$11,795
93 Pontiac Gr. Prix SE	\$14,995	\$13,995
93 Olds Supreme S	\$14,495	\$13,495
93 Chevy Beretta	\$11,995	\$10,995
93 Chevy Cavalier 4 dr	\$9,995	\$9,495
93 Chevy Lumina (2 available)	\$12,495	\$11,995
93 Chevy Lumina Euro (3 available)	\$13,995	\$12,995
93 Chevy Caprice (2 available)	\$12,995	\$12,495
93 Pontiac Sunbird (2 available)	\$10,495	\$9,995
93 Olds Royale (3 available)	\$17,995	\$17,495
93 Cadillac Sedan DeVille (2 available)	\$22,995	\$20,995
93 Buick LeSabre	\$16,995	\$16,495
93 Buick Century	\$12,995	\$12,495

PRE-OWNED CARS

	WAS	NOW
93 Dodge Shadow	\$9,495	\$8,995
92 Olds Achieva 4 dr.	\$8,995	\$8,495
91 Olds Calais 2 dr.	\$7,495	\$6,995
91 Mercury Grand Marquis	\$10,995	\$9,995
91 Pontiac Grand-Am 4 dr	\$7,495	\$6,995
90 Chevy Cavalier Wagon	\$6,995	\$6,495

PRE-OWNED CARS CON'T

	WAS	NOW
90 Buick Riviera	\$12,995	\$10,995
89 Dodge Omni	\$4,995	\$3,495
84 Cadillac Seville (2 available)	\$4,995	\$3,995

PRE-OWNED SPORT CARS

	WAS	NOW
94 Camaro Coupe	\$15,995	\$15,495
93 Chevy Cavalier Convertible (GM Program)	\$13,995	\$12,995
93 Mustang Hatchback	\$11,995	\$10,995
93 Dodge Daytona	\$9,995	\$9,495
92 Camaro Z-28	\$14,995	\$13,995
92 Chevy Corvette Convertible	\$32,995	\$28,995
91 Chevy Cavalier Z-24	\$8,995	\$8,495
90 Mustang Convertible LX 5.0 Liter	\$9,995	\$9,495
90 Mustang Convertible	\$9,995	\$7,995

PRE-OWNED IMPORTS

	WAS	NOW
92 Honda Prelude	\$15,995	\$14,995
91 Mazda 626 Sedan	\$10,495	\$9,995
91 VW Jetta	\$8,495	\$7,495

PRE-OWNED SMALL PICK UPS

	WAS	NOW
94 Ford Splash 4 WD	\$17,995	\$15,995
93 Mazda Ext. Cab	\$12,995	\$11,995
92 Chev. S-10 Pick Up	\$10,995	\$8,995

PRE-OWNED SMALL PICK UPS

	WAS	NOW
92 Dodge Dakota Ext. Cab	\$13,995	\$12,995
91 Mazda Ext. Cab	\$8,995	\$8,495
91 GMC Sonoma	\$7,995	\$6,995

FULL SIZE PICK UPS

	WAS	NOW
93 Chevy Pick up	\$15,995	\$15,495
92 Chevy Silverado Pick up	\$14,995	\$13,995
92 Chevy (2 available)	\$12,495	\$11,495
92 Chevy Silverado Long Bed	\$13,995	\$11,995
92 Chevy Silverado Short Bed	\$12,995	\$11,995
92 Chevy Ext. Cab	\$15,995	\$14,995

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93 Chevy Van (Program Van)	\$18,995	\$17,995
93 Plymouth Voyager	\$11,995	\$10,995
92 Dodge Caravan	\$11,995	\$10,495
92 Chevy Astro Van	\$15,995	\$14,495
91 Ford Aerostar	\$10,995	\$10,495
89 Chevy Astro Van	\$9,495	\$8,495

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93 GEO Tracker Conv.	\$10,995	\$10,495
90 Jeep Cherokee	\$10,495	\$9,995

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Local teacher listed among best

Granite City school's have one of the best teachers, and you can find her at Holy Family Catholic School.

Diana Prazma has been selected for the inclusion in the third edition of "Who's Who Among America's Teachers, 1994."

Those who are selected are known as "The Best Teachers in America Selected by the Best Students." Anne Gargac, a senior at St. Elizabeth's Academy, St. Louis, Mo., who

AARP Chapter 1340 meets

American Association of Retired Persons Chapter 1340 met April 13. President Marge Hall led the prayer and Fledge of Allegiance to the Flag. Refreshments were served before the meeting.

Minutes of the previous meeting were read by Lucille Caban, secretary.

Margaret Kwiatkowski, vice president, spoke on the Springfield bus trip to talk to legislators about better health care on April 28.

Mike Lombardi, membership chairman, reported three new members, Pearl Riti and David and Alva Auman. He also said announced that anyone interested in being a pallbearer should call him, Art Lidner or Cleve Cox.

Hall presented Betty Smallie, candidate for secretary. There were no nominations from the floor. Helen Bergfield made a motion to close the nominations, seconded by Jean Kelahan. Elected officers will be installed in May. There were 58 members in attendance.

Hall reported thank you notes were received from Alice Nonn and Dorothy and Bill Hamilos for cards received during their recent illnesses. Due to health problems, Bill and Ann Zinn are not able to continue with the 50/50 sales. Tally and Mary Evans agreed to take charge of the sale.

Attendance prizes were won by Mike Lombardi, Ann Kovach, Irma Manning and Barbara Dombroski. The evening was spent in games.

It was announced that the May 11 dinner dance will begin with the meal being served at 6 p.m. and dancing to start at 7 p.m. Music will be by the Alley Kats.

Your Message Comes Across
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In the Classifieds

will be attending Lindenwood College, majoring in theater and anthropology, nominated Prazma for this honor.

Prazma's former student and herself recognized for academic excellence in "Who's Who Among American High School Students" recommended Diana Prazma because she "made a difference" in her life. "Who's Who" honors only a select 5 percent of our nation's teachers. Diana Prazma is the 7th grade homeroom teacher and the 5th, 7th, and 8th grade science teacher at Holy Family along with being one of the Student Council sponsors, coordinator of the Geography Bee, and co-coordinator of the annual Science Fair.

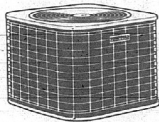


Diana Prazma
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Marilyn Fox	Community Service
Linda Riekes	Education
Judy Aronson	Children's Issues
Clementine Claiborne	Child Welfare
Ida Goodwin Woolfolk	Business & Community
Sister Mary Pius Fagan, O.P.	Humanitarian Concerns
Mary Elizabeth Humphrey Rhodes	Family Enrichment

Wednesday, May 18, 1994
at noon in The St. Louis Ballroom
of the Adam's Mark Hotel
St. Louis, Missouri
Tickets \$ 18.00 per person

To order tickets, send a check (payable to Suburban Journals) to: Women of Achievement c/o The Suburban Journals, P.O. Box 411274 St. Louis, MO 63141.

All ticket orders and seating requests must be received by May 11, 1994. Seating requests will be handled to the best of our ability and must be made at the time tickets are ordered. Tickets available by mail only. No tickets will be sold at the door.

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Classifieds Get Results!!!

A dark, textured surface, possibly a book cover or endpaper, showing horizontal lines and some wear. The texture is grainy and uneven, with some lighter areas and some darker, more worn areas. There are some faint, illegible markings or text visible on the surface.

Horoscope

Wednesday, April 27
Let inspiration fire your imagination, but keep your feet on the ground no matter what. Solid progress is a terrific motivator, but if you aren't careful, all of your work could be lost, which means starting all over from the very beginning. This illustrates the lesson that Neptune's retrograde cycle, which began yesterday, will continue to bring to us all during next few months.

ARIES (March 21-April 19): Enjoy flirting with a new acquaintance, but try not to let the boss overhear. Misunderstood instructions can gum up the works—and so can the suspicious nature of superiors. Your reputation speaks for you.

TAURUS (April 20-May 20): Extremes of action are not advisable quite yet, but there is a chance to make a bundle if you're thinking big. Expert advice can make the difference. Get all the information before signing, and then wait a little longer.

GEMINI (May 21-June 21): Listen to a more-cautious buddy or co-worker. Preparation of the ground work makes the difference. Accept lunch or dinner invitations, and you'll get a valuable tip as well as have a good time.

CANCER (June 22-July 22): A stitch in time saves a bunch of money on repairs and replacements. What you bring to each task in terms of enthusiasm and inventiveness attracts partners. Family meetings help clear the air.

LEO (July 23-August 23): Extra attention to family matters continues to be important—you can heal an old wound or repair a nagging problem at home. Accept the limitations of older folks—there is much to learn from them.

TODAY'S BIRTHDAY (April 27): Savings and investments are highlighted all year. Take on a new business partner in July. In August, new jobs are available. Travel and change are indicated in September. Pursue educational sidelines in October and November—they bring knowledge, love and good luck. An inheritance or legal settlement comes in December and makes some dream projects possible before your next birthday.

VIRGO (Aug. 23-Sept. 22): Expectations of your family shouldn't be interpreted by you as pressure—simply do your best. Use your thorough approach, and word gets out that you're the best. A weekend invitation arrives from a new friend.

LIBRA (Sept. 23-Oct. 23): Exciting events are ahead—use your best smile in all public-relations matters. A partner can hand you a juicy opportunity on a platter. You can find a special bargain or a rare item while shopping.

SCORPIO (Oct. 24-Nov. 21): Making an exception to the rule creates a shortcut to future success—allow yourself to see with fresh perspective. Pay bills, apply for jobs and reach for more security. The future is in your hands.

SAGITTARIUS (Nov. 22-Dec. 21): Few can resist your charms, so ask for what you need from your boss or backers. You may be falling for a new love prospect, and this is the moment to say so. The evening is for hobbies, kids and fun.

CAPRICORN (Dec. 22-Jan. 19): Experts are helpful. A decision on a money matter is overdue. Speak up clearly in meetings—your reputation precedes you, so others are listening. Your family is a different matter—they're quite rebellious tonight.

AQUARIUS (Jan. 20-Feb. 18): Making contacts, getting references, attending gatherings and taking part in team activities are all favored. The chance to meet someone prominent or famous is likely. Neighbors are cordial tonight.

PISCES (Feb. 19-March 20): Co-worker relationships can help or hinder your work progress—don't stoop to the level of those who are jealous. It's not easy to stick to a diet, but exercise is more fun than ever. Your ambition awakens!

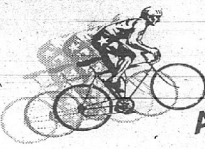


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Auction of government property set

The Defense Reutilization and Marketing Office, Scott Air Force Base, will hold a local auction of government surplus property at 9 a.m. May 17 in the Base Theatre, building 1670. Property will be located in building 4157, and Warehouse 1, Section 2, 2001 Price Support Center, Granite City. Property may be inspected May 12, 13 and 16 from 9 a.m. to 3 p.m. at Scott, and 9 a.m. to 3 p.m. at Granite City.



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Class of '42 reunion planned

The Madison High School class of 1942 is collecting the names of the graduating class to a reunion to be held Saturday, Nov. 12. They are looking for the whereabouts of the following classmates: January, mid-term graduates of the class of 1942—John M. Cole, Ruth Dieckrich, Mary Holhouse and Dorothy Stuart. May graduates of the class of 1942—Doris Austin, Charles Barnett, Jess Borth, Joyce Brooks, Cathryn Crabtree, Leola Evans, Mildred Lewski, Elbray Martin, Martha Noe, Doris Onkle and Virginia Range. Any information on these persons may be forwarded to Steve Konkovich, 2802 Dogwood Drive, Granite City, Ill., 62040, 877-1336.

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FAMILY

Parents can quell sibling squabbling

By Jane Cosby
Correspondent

Any household with more than one child has times when civil war rages, and peace seems a distant ideal.

Sibling rivalry isn't all bad, though, say authors Susan and Mitch Golant in "Getting Through To Your Kids" (Lowell House, \$11.95).

They contend children learn valuable social lessons from arguing and fighting with siblings. Important conflict resolution skills can be developed during these heated battles, say the authors.

But if the fighting around your house has exceeded your tolerance level, the book has some good news for you. Here are some of their suggestions for settling sibling squabbles:

• Don't treat your children the same. Stop trying to be fair at all times. No matter how hard you try to be fair, your children will accuse you of playing favorites.

When this happens, treat the complaint with respect and listen to your child's reasons for feeling you are showing favoritism.

Give each child the love and attention he needs to grow and develop. Respect each child's individual talents and unique abilities. Recognize them as individuals who have different needs.

• When your children fight, don't get caught in the middle. Don't take sides, and don't try to find out who started the fight.

Describe what you see going on, and talk about their feelings during the argument. Try to reflect each child's viewpoint in the argument. Don't scold them about fighting, it's normal behavior for children.

Treat their disagreement with respect, and tell them you believe they can work this problem out themselves. Then leave the room and let them negotiate the problem.

• If the situation has escalated to the point where you know they will not be able to work things out, you will need to step in. Separate the children and let them cool down away from each other.

Place each child in neutral territory for time-out. Don't send them to their rooms or to the same room. You want them to spend time thinking about the problem, not getting involved in another activity or renewing the hostilities.

When tempers have cooled down, you can talk to each child individually about what happened. Let each child take responsibility for his part in the problem.

• Help your children develop empathy for their siblings. Explain and discuss special privileges one sibling enjoys. Don't compare siblings with one another.

When your children feel resentment, don't deny those feelings. Discuss the feelings and try to help your children sort them out.

• If you feel the fighting is out of control, document it. Keep a fight journal and record when and why the fights occur. You might find a pattern you will then be able to break.

• Give your children plenty of positive attention and praise. In many cases, sibling rivalry comes from competition for parental attention.

Jane Cosby is a former teacher and the mother of two.

If you have any questions or have a specific topic you would like to see covered in this column, please write to: ABCs For Parents, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

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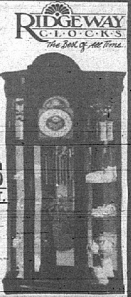
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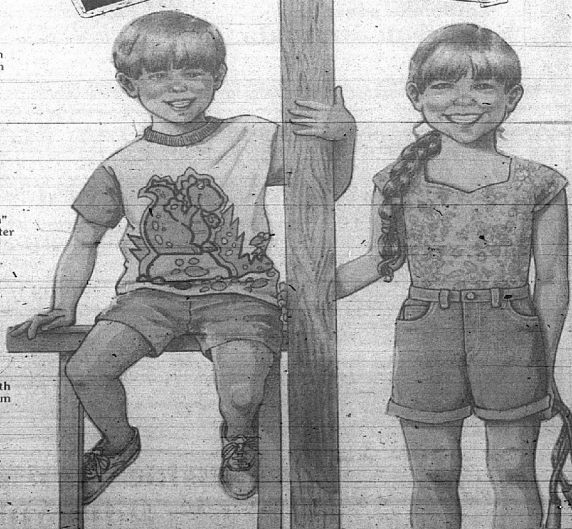
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Today's Food

Wednesday, April 27, 1994

Food & Nutrition

Wise Ways

Snack time is mostly any time for young children who cannot keep up their energy with traditional meals alone.

INSIDE

Living Lean for Adults

Vitamin and mineral supplements may fall under the FDA's 'food' umbrella to ensure safety in the bottle.

INSIDE

Blue Ribbon Cook

Rice shows its winning form in a main dish or side salad with cool appeal.

INSIDE

Private Label Test Run

Fruited toaster pastries get a flavor vote as a quick breakfast or snack. *Journal* testers pop the question of how the Nature's Best variety from Shop 'n Save tastes.

INSIDE

Micro Raves

Betty Serati thinks kids should go fly a kite in the energizing spring weather — with her easy-to-make snack from the kitchen.

INSIDE

Kids' Cuisine

Goodness gracious, great balls of grapes! Mix ½ cup dry milk powder into ½ cup chunky peanut butter. Mold the mixture around individual grapes until each grape is covered. Pop into the mouth for a burst of juice and nutritious flavor.

Health & Fitness

Fresh Picks

Indulge in asparagus for its seasonal delight. Microwave fresh asparagus to desired tenderness — 1 pound takes about 5 minutes on high power plus 5 minutes standing time. Wrap in 1 thin slice each of Swiss cheese and ham or turkey. Anchor with a toothpick and microwave again a few seconds until cheese just starts to melt. (Source: St. Louis District Dairy Council)

Medicine Chest

Registered pharmacist Rebecca Coley says increasing bone mass with calcium is a lifelong project.

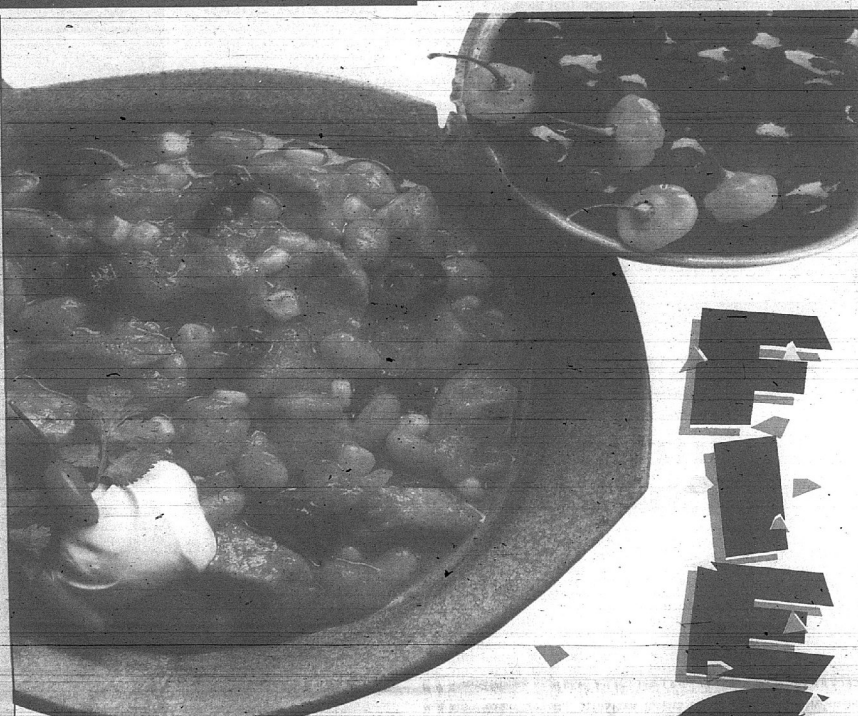
INSIDE

Big Fat Tip

Many people find brunch a relaxing way to spend Sunday with friends at a casual, less- hectic pace. For traditional food with less fat, make lower-fat Hollandaise sauce with lots of flavor and few tricks. In small heavy saucepan over low heat, combine ½ cup reduced-fat mayonnaise, 1 tablespoon prepared mustard, 1 teaspoon lemon juice and 3 tablespoons milk. Heat gently, stirring constantly, until hot. Thin with more milk, if desired. It can be made ahead and reheated over low heat.

Future Shop

Looking for innovation in the supermarket? Wangle an invitation to the frozen vegetable aisle. Americans should be eating more vegetables, so this is where to find big changes — from whole meal stir-fry deals to sauceless, smaller-serving packages. Fresh vegetables are 'in,' but frozen fits some cooks' lifestyles better because of handy long-term storage.



By Janice Denham
Staff writer

Anyone looking to celebrate life's little successes next week should remember the local Mexican force that defeated the huge French army on May 5, 1862. It spawned the spirited celebration of Cinco de Mayo that still brings out serapes, mariachis and sombreros 132 years later.

That spirit is easy to share at a fiesta. Bring out the "brights" — paper flowers, table covering, music and fun — with a meal full of the warm flavors North Americans have come to expect from south of their borders.

Mexican meatballs, tacos, stew and salad are easy to season with packaged mixes and salsas. Vivid flavors tune in the key to these flavors. Rice cooked with rich broth and studded with tomato and colorful vegetables invites a mild splash of attention on the side.

In the traditional Mexican kitchen, thick purees with a wide berth of aromatic ingredients are used to stew pork and chicken and beef. Preseasoning helps the everyday cook mold these flavors into a busy schedule and still share the day's skirmishes, scuffles and successes with family and friends.

Chevys, a new Mexican restaurant in Crestwood Plaza, suggests a recipe from its kitchen for homemade Salsa Verde (Green Sauce). Prepare enchiladas — seafood is a good suggestion, pour Salsa Verde on top, sprinkle with shredded Monterey Jack cheese and bake in 375° about 15 minutes until well heated.

SEE FIESTA, INSIDE TODAY'S FOOD PAGE 2

FIESTA

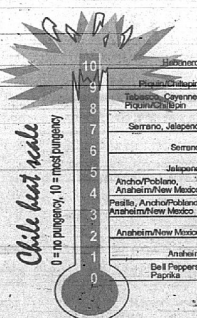
LIVELY TASTE

Peppers pack punch

From mild to wild, peppers liven up the entire eating process — starting with handling hot chilies.

Always keep the little firebrand and its aroma away from your face. It can irritate hands, too, so it helps to wear plastic gloves when working with lots of peppers or smash one between sheets of waxed paper if simmering in liquid. Seeds intensify flavor.

Size has nothing to do with heat. Teeny ones like habanero and pequin can light a fire. To mark your tolerance, jalapenos rank five — right in the middle — of a one-to-10 scale of heat. Pimento and paprika start at zero to one, with cayenne at eight and habanero at 10. Readily available anaheims and poblanos register two to four.



Look inside for 4 pages of
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Blue Ribbon Cook

Rice salad real winner

Virginia Gast, west St. Louis County, is the winner of this week's recipe contest for Cold Rice Salad. For it, she wins a prize of dinner certificates from Pasta House Company.

A neighbor first shared it with her about 15 years ago. She recently found the recipe and made the dish again. It played to applause.

Its flavor is deep-seated because instant rice is plumped in a combination of water and flavorful Italian salad dressing. After adding a variety of vegetables and mayonnaise, it is chilled. It can be made a day ahead, or even earlier if the cucumber is added closer to serving time.

Recipes in this month's Strawberry Recipe Contest will be accepted through the beginning of next week as the deadline for postmark is Saturday, May 30. A winner

will be named each week in May. Send in any type of recipe that uses strawberries. One recipe per household can be sent to: Strawberry Recipe Contest, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

As usual, if there is a history to the recipe, it will be considered part of the entry. Along with taste and eye appeal, it will be used as a basis for selecting winners. Originality will be considered, although the recipe need not be original. If possible, name the recipe's source. Include the name of the *Journal* you received.

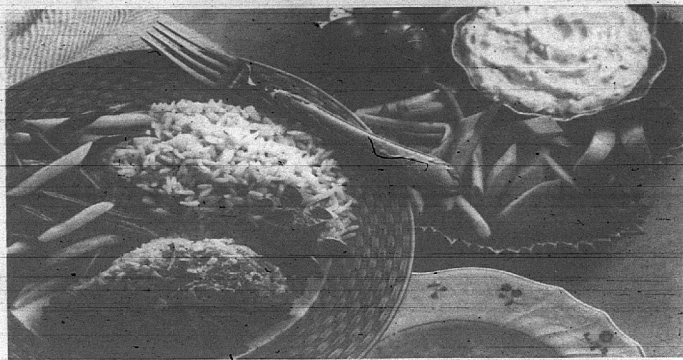
Winners are notified by mail. Duplicate entries will be considered on the basis of earlier entry or best compliance with the rules. Contest winners may enter again six months after the prize-winning publication date.

COLD RICE SALAD

- 1/4 cup Italian salad dressing
- 1/2 cup water
- 1/2 tsp. salt
- 1 cup instant rice, uncooked
- 1 cup frozen peas, barely cooked
- 4 green onions, chopped
- 1 small cucumber, chopped
- 1 can (8 oz.) water chestnuts, sliced
- 1 can (4 oz.) sliced mushrooms
- 1/2 cup mayonnaise

Bring salad dressing, water and salt to boil. Add rice. Cover. Set aside.

Combine peas, onion, cucumber, water chestnuts, mushrooms and mayonnaise. Add to rice. Chill. Can be made a day ahead.



A package of dry soup mix gives instant flavor to soup, as well as dip and chicken dishes.

Trade mixes to flavor dip, chicken, even soup

Dip made with a package of dry onion soup mix and 2 cups dairy sour cream is a classic. A smart cook knows this is the beginning of a flavor dream.

Try variations on the theme. Take dry soup with vegetables, dry soup with noodles, dry soup with chicken or beef base. Add it to dip ingredients, beans, vegetables. Sprinkle it on meat, combine it with salsa, toss it with ready-cut slaw ingredients, add it to three-bean salad.

Season rice with it. Just add dry mix to 2 1/2 cups water and 1 cup uncooked long grain rice. Cook as directed. The extra liquid is needed for the dry mix.

- 2 1/2 cup dry bread crumbs
- 1/2 tsp. salt
- 1 egg or 2 egg whites
- 2 tsp. water
- 6 skinned, boned chicken breast halves or 12 skinned, boned chicken thighs (about 1 1/2 lb.)
- 2 tsp. margarine or butter, melted (optional)

Preheat oven to 400°.

With rolling pin, crush soup mix in pouch. On waxed paper, combine soup mix, bread crumbs and pepper.

In shallow dish, beat together egg and water. Dip chicken in egg mixture. Coat with crumbs.

On baking sheet, arrange chicken. Drizzle with margarine. Bake in preheated oven 20 minutes or until chicken is no longer pink.

Makes 6 servings.

- with chicken broth
- 1 tsp. cornstarch
- 1 cup water
- 1 tsp. soy sauce
- 2 tsp. oil
- 1 lb. skinned, boned chicken breasts or thighs, cut in strips
- 4 cups cut-up fresh vegetables, such as broccoli, mushrooms, carrots
- 1/2 tsp. ginger
- 4 cups hot cooked rice

In bowl, stir together soup mix, cornstarch, water and soy sauce until smooth.

In 10-inch skillet or wok over medium-high heat, stir fry half the chicken in 1 tablespoon oil until browned. Remove. Repeat with remaining chicken.

In same skillet over medium heat, in remaining 1 tablespoon hot oil, stir-fry vegetables with ginger until tender-crisp and liquid is evaporated. Add reserved soup mixture. Cook, stirring constantly, until mixture boils and thickens. Return chicken to skillet.

CRISPY-COATED CHICKEN

- 1 pouch onion soup mix with chicken broth

CHICKEN STIR-FRY

- 1 pouch onion soup mix.

Medicine Chest

By REBECCA COLEY

Calcium affects bones of youths to older ages

Calcium is important in maintaining the function of cell membranes, muscle activity, blood coagulation and bone metabolism. Prolonged, inadequate calcium intake adversely affects bone mass and can lead to a condition known as osteoporosis.

Bone mass peaks in the third or fourth decade of life and is genetically determined. Loss of bone mass begins in the fourth decade of life, with the rate of loss quicker in women.

It is a common misconception that calcium supplementa-

tion first should begin at or after menopause. By this time calcium supplementation may decrease the rate of bone loss but cannot increase bone mass.

The recommended daily allowance of calcium is 800 milligrams of elemental calcium daily. It is estimated that less than 67 percent of all women get 800 milligrams calcium per day either through diet or from supplements. This number jumps up quickly to more than 75 percent when women over age 35 are considered. Dairy

foods are the prime source of calcium in the diet.

Calcium is absorbed in the small intestine. As people age, less calcium is absorbed. Vitamin D — absorbed in sunshine and in fortified dairy products — plays an important role in helping absorb calcium.

Registered pharmacist Rebecca Coley is assistant professor of pharmacy administration at the St. Louis College of Pharmacy.



Fruity and frosted, toaster pastries are still a favorite for a quick treat morning, noon or night.

By Janice Denham Staff writer

Fiesta

Continued from page 1C.

SANTA FE STEW

- 1 lb. boneless pork, cut in 1 inch cubes, or 2 1/2 cups shredded cooked pork
- 1 tsp. oil
- 1 large onion, diced
- 1/2 tsp. garlic powder with parsley
- 1 pkg. (1.25 oz.) taco seasoning mix
- 3 cans (14 1/2 oz. each) tomatoes, undrained, cut up
- 1/2 cup beef broth
- 1 can (15 oz.) pinto beans, drained
- 1 can (7 oz.) whole kernel corn, drained
- 1 can (7 oz.) diced green chiles

In large skillet, heat oil. Cook pork 5 minutes until browned. Drain. Add onion and garlic powder. Brown 2 to 3 minutes longer. Add taco seasoning, tomatoes, broth, beans, corn and chiles. Blend well. Bring to

boil. Reduce heat. Simmer 25 minutes, longer for thicker stew.

Makes 8 servings; 227 calories, 19 g protein, 32 g carbohydrate, 6 g fat, 33 mg cholesterol, 327 mg sodium and 8 g fiber each.

Serving idea: Garnish with sour cream, chopped fresh cilantro and sliced ripe olives. Serve with warm flour tortillas.

ACAPULCO SALAD

- 2 medium navel oranges, peeled; sectioned, chopped
- 2 cups peeled, diced jicama
- 1 red bell pepper, diced
- 1 medium cucumber, diced
- 1/2 cup thinly sliced radish
- 1 large tomato, diced
- 1 can (2 1/2 oz.) sliced ripe olives, drained
- 1/2 cup olive oil
- 3 tsp. red wine vinegar
- 2 tsp. lime juice
- 1 tsp. chopped cilantro
- 1/4 tsp. lemon-pepper seasoning

- 1/2 tsp. seasoned salt

In large bowl, combine orange, jicama, bell pepper, cucumber, radish, tomato and olives.

In container with stopper or lid, combine oil, vinegar, lime juice, cilantro, lemon-pepper and seasoned salt. Blend well. Pour over vegetable mixture. Toss to coat. Marinate in refrigerator 1 hour.

Makes 4 servings; 166 calories, 2 g protein, 14 g carbohydrate, 12 g fat, no cholesterol, 84 mg sodium and 3 g fiber each.

SOUTH-OF-BORDER MEATBALLS

- 1 1/2 lb. ground pork
- 1 pkg. (1.25 oz.) taco seasoning mix
- 1/4 cup dry bread crumbs
- 1 egg, beaten
- 1/4 cup grated onion
- 1/4 cup minced green bell pepper

In large bowl, combine pork, taco seasoning, bread crumbs, egg, onion and green pepper. Blend well.

Form into 1-inch balls. In large skillet, brown meatballs on all sides. Drain.

Return meatballs to skillet. Add salsa. Bring to boil. Reduce heat. Simmer, uncovered, 10 minutes. Serve as appetizers.

Makes 6 servings; 231 calories, 23 g protein, 11 g carbohydrate, 11 g fat, 100 mg cholesterol, 153 mg sodium and 2 g fiber each.

SOFT TACOS EL DORADO

- 1 lb. boneless pork, cut in thin strips
- 1 tsp. oil
- 1 pkg. (1.25 oz.) taco seasoning mix
- 1/4 cup water
- 1/4 cup sliced green onion
- 1 can (2 1/2 oz.) sliced ripe olives, drained

- 10 flour tortillas, warmed
- 1 cup (4 oz.) grated cheddar or Monterey Jack cheese
- Shredded lettuce
- Chopped tomato
- 1 lime, cut in wedges (optional)

In large skillet, heat oil. Brown pork 5 to 7 minutes. Add taco seasoning and water. Bring to boil. Reduce heat. Simmer, uncovered, 3 to 5 minutes.

Stir in onion and olives. Blend well. Heat through. Spoon pork mixture into warm tortillas.

Garnish with cheese, lettuce and tomato. Squeeze lime juice over meat mixture.

Makes 10 soft tacos; 244 calories, 11 g fat, 16 g protein, 22 g carbohydrate, 38 mg cholesterol, 277 mg sodium and 2 g fiber each.

Hints: Use 1 pound ground pork, browned and drained. Roll tortilla to form pocket with filling. Serve with Mexican-style rice.

SALSA VERDE

- 2 cups homemade or canned chicken broth
- 10 oz. tomatoes, cleaned
- 2 jalapeno peppers
- 1 medium onion, sliced
- 2 tsp. virgin olive oil
- 1 tsp. chopped fresh cilantro

Heat chicken broth. Add tomatoes and jalapenos. Boil 5 minutes. Drain and reserve part of liquid.

In food processor or blender, blend tomato mixture, onion and half the onion until smooth.

In separate saucepan, heat olive oil. Sauté cilantro and remaining onion in oil 5 minutes.

Add tomato mixture. Heat through. Add reserved liquid until desired consistency. Do not overcook.

Private Label Test Run

Economical pastries pop up with flavor

Toaster pastries are used by many people as a pick-up breakfast or snack.

Today's testers of Nature's Best frosted pastries in cherry and blueberry flavors from Shop 'n Save agreed they are a handy item particularly when the flavor and price are right.

Regular price of six toaster pastries of this brand tested as part of the *Journal's* Pri-

rate Label Test Run is about \$1.29 to about \$2 per package of most other brands.

Fruit flavor preferences split right down the middle, including one whose preference was opposite of her expectation.

One taster commented that the cherry's flavor was more sweet than the usual tart fruit flavor of other toaster

pastries. She thought the pastries added to their eye appeal.

All of them considered them a bargain.

"I think the pastries would be an excellent snack-type food for anybody in a hurry, considering the quality of the food and the price," said one taster.

A dad with two young chil-

dren said it would be a good choice occasionally. "They are easily prepared and something the kids would like as a treat."

One taster buys toaster pastries sometimes "based on price, whimsy and the amount of fat grams." She liked the large type on the side of the box giving nutrition information. She called them "a definite bargain."

Today's Food

Living Lean for Adults

By TRICIA GUFFEY

Proposed rules may ease worry of supplement safety

Some people who take dietary supplements — like vitamins, minerals or amino acids — have heard rumors that proposed labeling regulations will mean the death of the supplement industry.

"It's simply not true," says Mary-Margaret Richardson, consumer affairs officer of Food and Drug Administration's Health and Human Services. "The FDA has no desire to take away anyone's right to buy supplements."

Proposed FDA regulations being debated would put supplements on the same level as foods.

"We all want to know what's in our food, if it's safe and how it fits into a healthy diet. Why should supplements be any different?" Richardson asks.

Consumers deserve the same type of truthful information on supplement packages about safety, health and nutritional benefits that they expect on food labels.

A supplement label would supply information about a package's contents, similar to the way current regulations require most processed foods to carry labels with nutrition information. As with food labels, supplement labels would include the level and percent of daily intake of nutrients per serving.

Health claims may be permitted if found scientifically valid. For example, low-fat foods — like fruits and vegetables — that are good sources of vitamin A or C now can make a claim for reduced cancer risk. As scientific evidence accumulates for antioxidant vitamins, such as vitamin E, other vitamins may gain approval to make health claims, too.

Why all the fuss about safety on a few pills? "Many people reason that it can't hurt to take a little supplement pill or tablet but supplements can be harmful if they are misused," Richardson explains.

Amino acids and vitamin A are good examples. Several years ago, 38 people died

from taking contaminated L-tryptophan amino acid supplements. Vitamin A supplement taken in large doses can be toxic.

"All we're asking is for manufacturers to submit information substantiating safety and telling us why they believe their product should be lawfully marketed," she says.

So the next time you hear these rumors, remember who is on your side. The FDA simply wants you to know what you are buying.

It is much more fun to "eat" nutrients rather than "pill" them. With a delicious recipe as healthful as this one, who needs to bother with supplements?

peach yogurt
1/4 cup reduced-calorie margarine, melted
1/2 cup canned peaches in juice, drained well, coarsely chopped

Preheat oven to 350°. Spray muffin cups with nonstick cooking spray.

In large bowl, combine all-purpose and whole wheat flour, bran, baking powder, baking soda and cinnamon.

In small bowl, combine honey, egg white, yogurt and margarine. Stir well. Add to dry ingredients. Stir until just moistened. Add peaches. Spoon-batter into prepared muffin cups until three-fourths full.

Makes 12 muffins; 114 calories, 3 g fat, 1 mg cholesterol and 143 mg sodium each.

Recipe adapted from "Life's Simple Pleasures" by Karen Mangum.

The next "I Love Eating" cooking class will be held from 11 a.m. to 12:30 p.m. Wednesday, May 25, at the Missouri Botanical Garden, 4344 Shaw Blvd., St. Louis.

Tricia Guffey is registered dietitian on staff of the St. Louis Chapter of the American Heart Association.

HONEY-PEACH BRAN MUFFINS

1/2 cup all-purpose flour
3/4 cup whole wheat flour
1 cup wheat bran
1 tsp. baking powder
1 tsp. baking soda
1 tsp. cinnamon
1/4 cup honey
1 egg white, slightly beaten
1 carton (8 oz.) low-fat

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Wise Ways

By LINDA BLUMENBERG

Kids — and adults — turn growly without snacks

Nutritious snacks are important for children. Toddlers and preschoolers cannot eat enough to satisfy all their nutritional needs at the standard three meals. Children — adults, too — feel tired and cranky when times to eat are spaced too far apart. Timing and food choices are keys to super snacks.

Regular snack times are as important as regular meal times. If children snack all day long, they will not be ready to eat when mealtime comes.

Schedule snacks about half-way between meals. This way children will be hungry enough at mealtime to eat, but not so ravenous they get

out of sorts. Plus, they will know that they cannot refuse a meal, then count on getting a snack a short time later. Do not let kids fill up on juice when they are thirsty. Water is best for quenching thirst, so offer it first. Children and adults need to drink several glasses of water a day, especially in warm weather.

Plan snacks to complement meals and fill nutritional needs. Since a healthy diet is based on grain foods along with fruits and vegetables, offer snacks from those groups every day. They provide essential B vitamins, iron, vitamins A and C, as well as beta carotene and

fiber. Chips, cookies and candy provide few nutrients, so offer them only occasionally. These grain foods make great snacks:

- Low-fat, whole grain breads, muffins.
- Leftover pancakes.
- Rice cakes, tortillas, pita bread, bagels.
- Graham crackers, animal crackers.
- Unbuttered or "light" popcorn.
- A bowl of unsweetened cereal and milk.

Fresh or unsweetened fruits are also good choices. Use narrow straws or coffee stirrers as skewers for fruit kabobs. Give children whole grapes, strawberries, cubed

pineapple, sliced banana or chunked melon to make their own kabobs.

Snacktime is a wonderful opportunity to try new foods, especially vegetables. Many children who wouldn't touch a cooked vegetable will gobble up raw ones served with a low-fat dip, like Ranch-Style Dip.

RANCH-STYLE DIP

- 1/2 cup plain nonfat yogurt
- 1/2 cup fat-free mayonnaise
- Pinch garlic powder
- 1/2 tsp. instant minced onion
- 1/2 tsp. dried basil or parsley

Mix together yogurt, may-

onnaise, garlic powder, onion and basil. Store in tightly covered container in refrigerator.

Certified home economist Linda Blumenberg is nutrition specialist with University of Missouri Extension in Montgomery County.

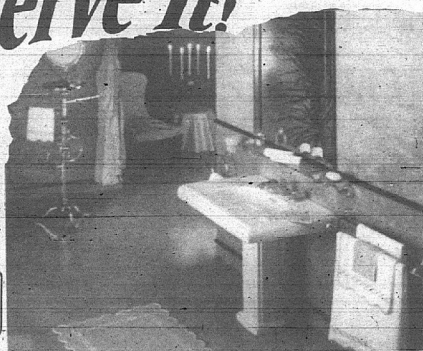
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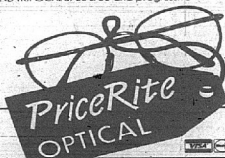
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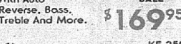


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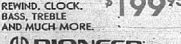
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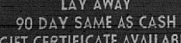
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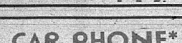
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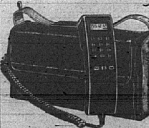
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Recipe

ZESTY ZITI

- 1 lb. Italian sausage, cut in 1/2 inch pieces
- 1 large onion, chopped
- 1 medium green bell pepper, diced
- 1 clove garlic, minced
- 3 1/2 cups spaghetti sauce
- 3 cups uncooked ziti or elbow macaroni

Grated parmesan cheese, if desired.

Cook pasta according to package directions. In 10-inch skillet over medium heat, cook sausage, onion, green pepper and garlic until sausage is thorough-

ly cooked. Spoon off fat.

Add spaghetti sauce. Heat to boiling, stirring occasionally. Serve over drained ziti. Sprinkle top with cheese. Makes 5 servings.

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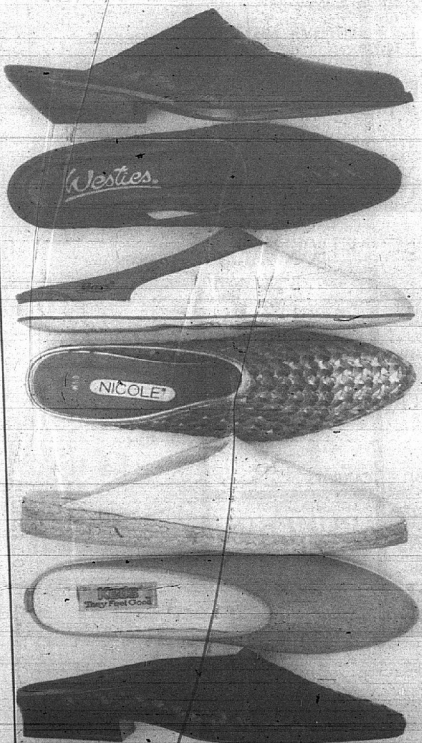
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Micro Raves

By BETTY SERATI

Spring weather boosts energy to grow, cook, eat

Everyone gets a burst of energy from spring growing weather of warm days and cool nights. To harness this energy in kids, keep them busy in the kitchen.

Parent-child cooking makes lasting memories and delicious treats. In addition, fostering a love for the culinary arts can be a lifesaver—and offer job security—once they leave the nest.

Of course, cooking with a microwave oven means less mess to clean because cooking and preparation often is done in the same container. Since the microwave usually means cool containers, few fingers are burned.

Always remember, however, that food does get very hot. This heat transfers to the cooking containers, so care must be taken and hot pads should be used.

Spring treats suit the season's fun. Kites are fun to make, peanut-butter, delicious, and microwave-easy. Nutty Snacks use two favorites—oat cereal and popped corn—making it a perfect take-along for visits to the zoo or Grant's Farm.

CRUNCHY KITE SURPRISES

1½ cups chunky peanut butter
¾ cup honey
2 cups granola cereal
1 pkg. (12-oz.) milk chocolate chips
Licorice whips and small candies for decorating

In large bowl, combine peanut butter and honey. Stir in cereal.

In small glass bowl, melt chocolate chips in microwave oven 2 minutes on medium-high setting.

On waxed paper, shape peanut butter mixture into "kites." Drizzle with melted chocolate. Decorate with licorice strips and small candies. Store in refrigerator. Makes about 2 dozen.

NUTTY POPPED SNACKS

½ cup packed brown sugar
¾ cup light corn syrup
¼ cup (½ stick) butter or margarine
4 cups toasted oat cereal
4 cups popped popcorn

1 cup mixed nuts
In 1-quart glass bowl, combine brown sugar, corn syrup and butter. Cook on high

power 3 to 4 minutes until sugar is dissolved and mixture is bubbly. Because of the sugar, this can burn easily, so be very careful.

In large bowl, combine cereal, popped corn and nuts. Pour sugar mixture over cereal mixture. Stir well.

Four into 2 buttered

2-quart glass utility dishes. Cook individually 2 to 3 minutes, stirring occasionally. Let cool, stirring to break apart.

Makes 9 to 10 cups snack. Betty Serati specializes in and teaches microwave and children's cooking classes.

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Trade mixes to flavor dip, chicken, even soup

Dip onion soup mix and 2 cups dairy sour cream is a classic. A smart cook knows this is the beginning of a flavor dream.

Try variations on the theme. Take dry soup with vegetables, dry soup with noodles, dry soup with chicken or beef base. Add it to dip ingredients, beans, vegetables. Sprinkle it on meat, combine it with salsa, toss it with ready-cut slaw ingredients, add it to three-bean salad.

Season rice with it. Just add dry mix to 2 1/2 cups water and 1 cup uncooked long grain rice. Cook as directed. The extra liquid is needed for the dry mix.

In the mood for pasta, but somehow the appetite doesn't turn on to the sound of a jar of spaghetti sauce? Heat a package of dry soup mix with vegetables with plain tomato sauce and toss with cooked noodles of choice for a delicious difference.

Here are two ways to spice up chicken with dry onion soup mix that has a chicken broth base. One goes into the oven, the other into a frying pan for stir-fry.

CRISPY-COATED CHICKEN

- 1 pouch onion soup mix with chicken broth
- 3/4 cup dry bread crumbs
- Pinch pepper
- 1 egg or 2 egg whites
- 2 tbsp. water
- 6 skinned, boned chicken breast halves or 12 skinned, boned chicken thighs (about 1 1/2 lb.)
- 2 tbsp. margarine or butter, melted (optional)

Preheat oven to 400°. With rolling pin, crush soup mix in pouch. On waxed paper, combine soup mix, bread crumbs and pepper.

In shallow dish, beat together egg and water. Dip chicken in egg mixture. Coat with crumbs.

On baking sheet, arrange chicken. Drizzle with margarine. Bake in preheated oven 20 minutes or until chicken is no longer pink.

Makes 6 servings.

CHICKEN STIR-FRY

- 1 pouch onion soup mix with chicken broth

CHICKEN IN WINE SAUCE

Add 1/2 cup red wine to prepared spaghetti sauce. Brown chicken under broiler. Remove to baking dish. Pour spaghetti sauce over chicken. Bake in preheated 325° oven 40 minutes.

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- 1 tbsp. cornstarch
- 1 cup water
- 1 tbsp. soy sauce
- 2 tbsp. oil
- 1 lb. skinned, boned chicken breasts or thighs, cut in strips
- 4 cups cut-up fresh vegetables, such as broccoli, mushrooms, carrots
- 1/2 tsp. ginger
- 4 cups hot cooked rice

In bowl, stir together soup mix, cornstarch, water and soy sauce until smooth.

In 10-inch skillet or wok over medium-high heat, stir-fry half the chicken in 1

tablespoon oil until browned. Remove. Repeat with remaining chicken.

In same skillet over medium heat, in remaining 1 tablespoon hot oil, stir-fry vegetables with ginger until tender-crisp and liquid is evaporated.

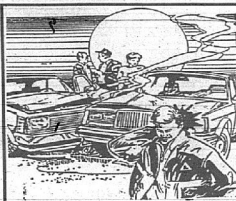
Add reserved soup mixture. Cook, stirring constantly, until mixture boils and thickens. Return chicken to skillet. Heat through, stirring occasionally.

Serve over rice. Makes 4 servings.

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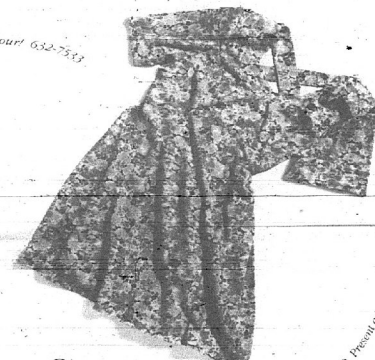
Mother's Day, May 8th



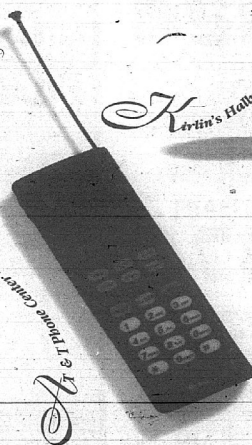
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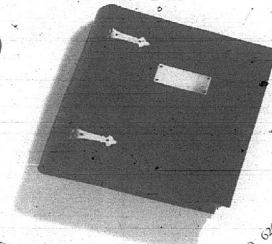
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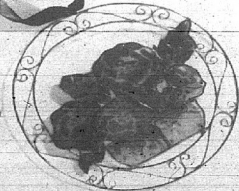
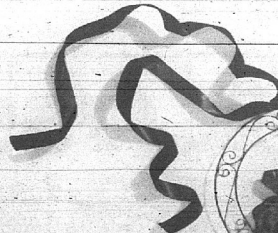
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Today's Food

Cool, low-fat options start afternoon right

It is not old-fashioned or love-brow to enjoy gelatin for lunch. In fact, a cool refresher makes smooth sense, because gelatin is colorful, easy to make, fun to eat and tasty.

When a person is watching calories and fat, gelatin also is a cool way to add variety, because it can be combined with fruits, vegetables and other wholesome foods.

It can be prepared the night before, spooned into individual plastic containers with tight-fitting lids and refrigerated. The next morning it is ready to go in an insulated lunch bag. It should stay cool until it is time to eat.

Lemony Chicken Salad makes a satisfying lunch dish. Sugar-free gelatin takes the place of high-fat extras, like mayonnaise or salad dressing,

to hold ingredients together. It can add delight to extra cooked chicken, too.

Combine it with fresh fruit and bread sticks and add a carton of milk or yogurt.

Be careful not to let lunch compete with dinner. If the evening meal is high in fat, check out lower-fat options for lunch. To avoid mid-afternoon let-down, save a piece of fruit for a pick-me-up, or store pretzels, dry cereal, rice cakes, low-fat crackers or raisins in a drawer.

LEMONY CHICKEN SALAD

1 can (13 3/4 oz.) reduced-sodium chicken broth
1 large pkg. (8 servings) or 2 small pkg. (4 servings each) lemon sugar-free gelatin

1 cup cold water
1 can (8 oz.) crushed pineapple in juice
2 tbsp. lemon juice
1/2 tsp. leaf tarragon
Pinch white pepper
cups cubed cooked chicken breast
1 cup shredded carrot
1/2 cup chopped celery
1/2 cup chopped red bell pepper

In small saucepan, bring broth to boil. In large bowl, stir into gelatin 2 minutes

or until dissolved completely. Stir in cold water, pineapple with juice, lemon juice, tarragon and white pepper. Refrigerate 1 1/2 hours or until slightly thickened.

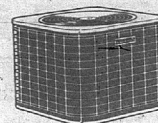
Stir in chicken, carrot, celery and red pepper. Spoon into 4 individual dishes or plastic containers with tight-fitting lids. Refrigerate 2 hours or until firm.

Makes 4 main-dish servings; 170 calories, 2.5 g fat, 45 mg cholesterol, 520 mg sodium, 14 g carbohydrate, 22 g protein and 2 g dietary fiber each. Exchanges: 2 lean meat, 1 fruit.

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Recipe

PEAS
A LA FRANCAISE

- 2 lb. fresh green peas, or 1 pkg. (16 oz.) frozen peas, defrosted 2 hours
- 1 tbsp. butter or margarine
- 6 leaves lettuce, shredded
- 3 scallions or 1 onion, sliced
- 2 tsp. sugar
- 3/4 tsp. salt
- 2 tbsp. water

Melt butter in heavy saucepan. Arrange lettuce on top. Add scallion and peas. Sprinkle with sugar, salt and water. Cook, tightly covered, over low heat 15 to 20 minutes, watching carefully to prevent burning.

Mix carefully and serve immediately.

Makes 6 servings.

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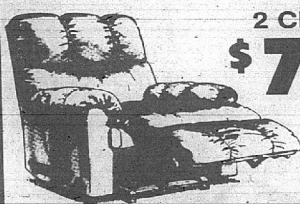
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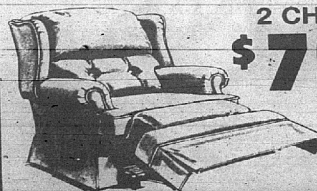
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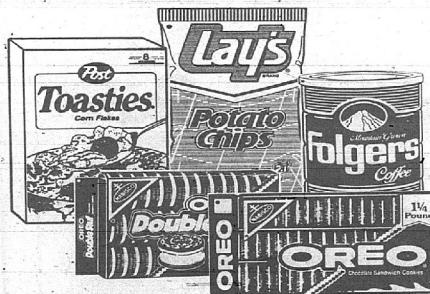
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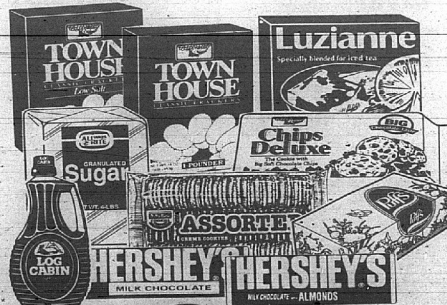
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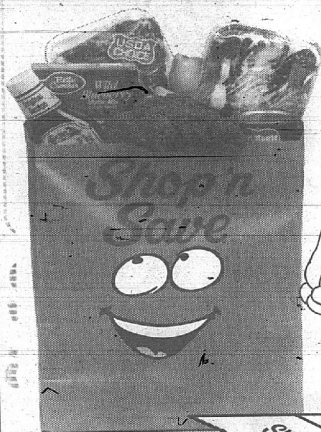
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COMET CLEANSER... 14 oz.	.29	.49	.59	.59
CLOROX BLEACH... 128 oz.	.89	1.29	1.19	1.19
SMA CONCENTRATE WITH IRON FORMULA... 13 oz.	1.99	2.69	2.69	2.29
12-OUNCE CANS DR PEPPER... 12 pack	2.98	4.29	4.29	4.29

MEAT

	Shop 'n Save	NATIONAL	SCHNUCKS	DIERBERGS
JIMMY DEAN PORK SAUSAGE... 1 lb. pkg.	2.49	2.98	2.99	2.99
BUTTERBALL TURKEY FRANKS... 1 lb. pkg.	1.79	2.19	2.19	2.19
SEITZ SLICED BOLOGNA... 1 lb. pkg.	1.49	1.89	1.89	1.89
OSCAR MAYER BEEF BOLOGNA... 1 lb. pkg.	2.79	3.19	3.19	3.19
FIELD SLICED BACON... 1 lb. pkg.	1.79	2.49	2.39	2.39

FRESH PRODUCE

	Shop 'n Save	NATIONAL	SCHNUCKS	DIERBERGS
BAKER POTATOES... per pound	.68	.89	.89	.89
GREEN PEPPERS OR CUCUMBERS	2/88	2/*1	2/*1	2/*1
GREEN ONIONS... bunch	.33	.50	.50	.50
FRESH LEMONS... each	.25	.33	.33	.33
RED, RIPE STRAWBERRIES... quart	1.68	1.98	2.49	2.69

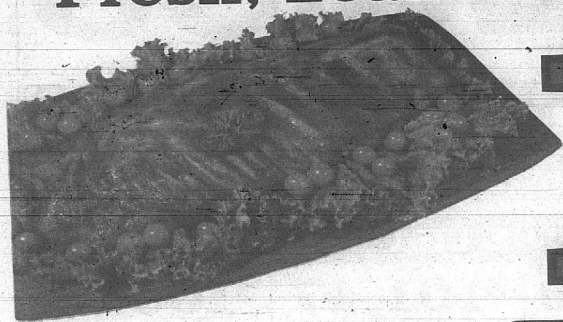
DAIRY/FROZEN FOOD

	Shop 'n Save	NATIONAL	SCHNUCKS	DIERBERGS
PILLSBURY CINNAMON ROLLS... 11.5 oz.	1.59	1.89	1.89	1.89
IMPERIAL VEGETABLE OIL SPREAD QTRS... 1 lb.	.65	.99	.89	.89
KRAFT PARKAY QTRS... 1 lb.	.59	.95	.89	.78
ORE-IDA TATOR TOTS... 2 lb.	1.99	2.39	2.39	2.39
WHITE CASTLE HAMBURGERS... 6 pk.	2.99	3.59	3.59	3.59
TOTINO'S BY JENOS PIZZA ROLLS... 16 oz.	2.99	3.99	3.99	3.99
PET RITZ PIE SHELLS... 2/9 inch.	.99	1.49	1.99	1.49
TOMBSTONE SPECIAL ORDER PEPPERONI PIZZA... 26.45-oz.	4.89	5.89	5.89	5.89
TONY'S PERSONAL SIZE SAUSAGE PIZZA... 9 oz.	1.99	2.39	2.49	2.49

These items were purchased on April 25, 1994 at National at 950 Loughborough at 9:37 a.m., at Schnucks at Concord Village 8:58 a.m., and at Dierbergs at Lafayette Center at 9:45 a.m. Due to time required for ad processing, chain store prices may vary from date items were purchased to date of ad publication. The above prices do not reflect manufacturers' deals.

TOTAL VALUE = Quality, Selection & Low Prices!

Fresh, Lean Pork Spare Ribs



119

lb. **LIMIT 3 PKGS.**



**Extra Value Holten
Beef Patties**

399

5-POUND BOX

**Klements
Fresh Bratwurst**

199

lb.

**Louis Rich
Ground Turkey**

99¢

1-POUND ROLL

**ALL VARIETIES
Eckrich Smoked
Sausage.....**

199

lb.

**LOUIS RICH
Turkey Cheese
Franks.....**

99¢

1-LB. PKG.

**Bob Evans
Pork Sausage.....**

219

1-LB. ROLL

**ALL VARIETIES
Eckrich
Lunchmakers.....**

99¢

3.7 OZ.

**Seitz
Corn Dogs.....**

149

1-LB. PKG.

**Tenderbird
Chicken Bits.....**

239

lb.

**OSCAR MAYER
Chopped Ham or
Ham & Cheese.....**

2/339

1-LB. PKG.

**HYGRADE
All Meat
Hot Dogs.....**

89¢

1-LB. PKG.

**SHOP 'N SAVE
Country Style
Sliced Bacon.....**

149

FAMILY PACK lb.

Deli/Bakery/Seafood Shop

**98% FAT FREE
Jennie-O Shaved
Turkey Breast**

299

lb.

**FARM FRESH
Catfish
Nuggets**

199

lb.

**Vidalia
Onions**

48¢

lb.

**AMERICAN OR MUSTARD
Potato
Salad.....**

99¢

lb.

**Whiting
Fish Fillets.....**

199

lb.

**Northwest
Anjou Pears.....**

68¢

lb.

**FRESH BAKED
Sub
Buns.....**

119

4-CT. PKG.

**FRESH BAKED
Sugar
Cookies.....**

349

24-CT.

**Dole
Salad Mix.....**

98¢

1-LB. BAG

Shop 'n Save

The more you shop
the more you save. SM

S	M	T	W	T	F	S
			27	28	29	30

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• NO SALES TO DEALERS
• DELI/BAKERY/SEAFOOD NOT AVAILABLE AT ALL LOCATIONS

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toll free
1-800-766-FAST (3278)

FOR YOUR INFORMATION

ILLINOIS WED.....10:00 Monday
ILLINOIS SUN.....3:00 Friday

[illegible]

	Clock/Watch Repair	840	The Work
	Computer Services	841	Travel
	Counseling	842	Tree Service
	Couture Fashion/Making	843	Trash
	Decks/Patios/Porch	848	Tuckpointing
	Decorating	849	Upholstery
	Delivery Service	850	Vacuum Repair
	Electrical Services	851	Video/Audio Taping
20	Exterior Windows	855	Water Heaters
20	Drafting	856	Water Services
20	Exposed Beams/Blinds	857	Waxing
20	Sewing/Alterations	860	Wedding Services
	Drywall	860	Welding
	Electricians	861	Window Doors
140	Energy Conservation	1010	Window/Glazing Cleaning
140	Entertainment	1020	Workshopping
180	Environmental	1025	
180	Exercise/Fitness	1050	
180	Fencing	1060	
180	Financial	1070	
	Fire Protection	1080	
	Floral Services	1105	
400	Floors	1109	

Merchandise

Antiques	1115
Art/Sales	1116

[illegible]

2290	Commercial Property	2500	Lutheran
2295	Business For Sale	2500	Methodist
2295	Commercial Property	2505	Non-Denominational
2300	For Sale	2505	Presbyterian
2300	Real Estate Property	2510	United Church of Christ
2300	Farms/Farm Land Sale	2510	
2304	Farms/Farm Land	2515	
2304	Income Property	2520	
2307	Investment Property	2523	
2307	Industrial Property	2523	
2310	Office Space For Rent	2530	
2310	Property Management	2530	
2316	Retail/Store Space Rent	2540	
2316	Warehouse/Storage Space	2545	
2316	For Rent	2545	
2323	Rentals		
2323	Furnished/Flats	2550	
2323	Apartment	2550	
2330	West End Farm	2901	
2332	Downtown/Midtown Farm	2993	
2332	Joint County Farm	2994	
2332	N. County Farm	2995	
2332	N. Side Farm	2996	
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SPORT BONUS DISCOUNT -720.00
KOETING FORD DISCOUNT -696.00
COLOR FORD REBATE -400.00
COLLEGE GRAD. REBATE -400.00

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94 TEMPO GL 2 DR.	2011	\$12,530	\$2505	\$10,025
94 TAURUS LX WGN.	2014	\$23,085	\$3281	\$19,803
94 CROWN VICTORIA 4 DR.	2003	\$25,820	\$3647	\$22,173

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T-BIRDS
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MINI VANS

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94 SATURN SW1 Automatic, AM/FM, 3.9xx miles, 4 yr. or 75,000 E.S.C. white 0405P \$12,323 SC	93 SATURN SC2 5 speed, A/C, power 4.1xx miles, 4 yr. or 75,000 E.S.C. white 0272P \$16,880 SC	94 SATURN SL1 Automatic, AM/FM, A/C, 3.9xx miles, 4 yr. or 75,000 E.S.C. blue 0405P \$11,989 SC	92 SATURN SC2 5 Speed, A/C, 2 Yr/24,000 Mi. Warr. SIK #91325P \$12,500 NC	94 SATURN SL2 Auto, A/C, Airbag, AM/FM/CD, Power Windows, 4 Yr/75,000 Mi. Warr. SIK #9044P \$16,240 NC	94 SATURN SL2 Auto, A/C, Airbag, 4 Yr/75,000 Mi. Warr. SIK #9050P \$13,695 NC	94 SATURN SL2 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$15,855 NC	92 SATURN SC2 Auto, 4 Yr/75,000 Mi. Warr. SIK #9050P \$12,500 NC	93 SATURN SL2 White, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9050P \$13,995 NC
94 SATURN SC2 5 speed, A/C, cruise, 3.9xx miles, 4 yr. or 75,000 E.S.C. white 0405P \$14,440 SC	92 SATURN SC2 5 speed, A/C, AM/FM, cruise, 3.9xx miles, 4 yr. or 75,000 E.S.C. white 0405P \$12,355 SC	94 SATURN SL1 Automatic, AM/FM, A/C, 3.9xx miles, 4 yr. or 75,000 E.S.C. med. red 0405P \$12,491 SC	91 SATURN SC2 Power Windows, Locks, Cruise, 3 Yr/24,000 Mi. Warr. SIK #9044P \$11,995 NC	94 SATURN WGN. Auto, Airbag, Power Windows, Locks, Cruise, 4 Yr/75,000 Mi. Warr. SIK #9044P \$16,695 NC	94 SATURN SL2 Auto, Cruise, Airbag, 4 Yr/75,000 Mi. Warr. SIK #9044P \$14,995 NC	94 SATURN SL2 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$15,162 NC	92 SATURN SL2 Auto, 4 Yr/75,000 Mi. Warr. SIK #9044P \$12,995 NC	93 SATURN SL2 Blue, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$3,900 NC
91 SATURN SL1 5 speed, AM/FM, A/C, 3.9xx miles, 4 yr. or 75,000 E.S.C. white 0405P \$7,225 SC	92 SATURN SL2 5 speed, A/C, AM/FM, cruise, 3.9xx miles, 4 yr. or 75,000 E.S.C. blue 0405P \$11,900 SC	92 SATURN SL2 Auto, Power P.D., Sunroof, 2 Yr/24,000 Mi. Warr. SIK #91000A \$12,950 NC	91 SATURN SL1 A/C, Cruise, 5 Spd, 2 Yr/24,000 Mi. Warr. SIK #91000A \$7,995 NC	93 SATURN SC1 AM/FM, Sports Coupe, 2 Yr/24,000 Mi. Warr. SIK #91000A \$12,900 NC	94 SATURN SL2 Auto, 4 Yr/75,000 Mi. Warr. SIK #9050P \$14,335 NC	94 SATURN SL2 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$16,162 NC	91 SATURN SL2 Auto, A/C, Tilt, Alloy, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$9,995 NC	91 SATURN SC Blue, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$12,795 NC
93 SATURN SC1 5 speed, AM/FM, A/C, 3.9xx miles, 4 yr. or 75,000 E.S.C. white 0405P \$11,455 SC	94 SATURN SL2 Automatic, A/C, AM/FM, cruise, 3.9xx miles, 4 yr. or 75,000 E.S.C. med. blue 0405P \$14,210 SC	91 SATURN SL2 Auto, Sunroof, Cruise, 2 Yr/24,000 Mi. Warr. SIK #91000A \$10,600 NC	91 SATURN SL2 Auto, Cruise, 5 Spd, 2 Yr/24,000 Mi. Warr. SIK #91000A \$10,400 NC	93 SATURN SL2 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$14,100 NC	94 SATURN SC2 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$16,365 NC	93 SATURN WGN. Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$14,189 NC	91 SATURN SL2 5 Spd, A/C, Tilt, Power Sunroof, 4 Yr/75,000 Mi. Warr. SIK #9044P \$11,995 NC	92 SATURN SC White, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$12,975 NC
91 SATURN SL1 5 speed, A/C, AM/FM, 3.9xx miles, 4 yr. or 75,000 E.S.C. white 0405P \$7,995 SC	94 SATURN SL2 Automatic, A/C, AM/FM, cruise, 3.9xx miles, 4 yr. or 75,000 E.S.C. med. blue 0405P \$14,230 SC	91 SATURN SL2 Auto, Power P.D., Sunroof, 2 Yr/24,000 Mi. Warr. SIK #91000A \$10,995 NC	92 SATURN SL2 Auto, Cruise, 5 Spd, 2 Yr/24,000 Mi. Warr. SIK #91000A \$12,650 NC	92 SATURN SL2 Auto, A/C, Power Windows, Locks, Cruise, 2 Yr/24,000 Mi. Warr. SIK #91000A \$12,150 NC	94 SATURN SC2 Auto, A/C, Power Windows, Locks, Cruise, 2 Yr/24,000 Mi. Warr. SIK #91000A \$16,200 NC	94 SATURN SL1 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$13,781 NC	92 SATURN SL2 Power P.D., CD Player, ABS, 4 Yr/75,000 Mi. Warr. SIK #9044P \$12,500 NC	92 SATURN SC Blue, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$13,750 NC
92 SATURN SL2 Automatic, A/C, AM/FM, cruise, 3.9xx miles, 4 yr. or 75,000 E.S.C. med. blue 0405P \$12,275 SC	92 SATURN SL2 5 speed, A/C, AM/FM, cruise, 3.9xx miles, 4 yr. or 75,000 E.S.C. med. blue 0405P \$11,995 SC	92 SATURN SL2 Auto, Cruise, 5 Spd, 2 Yr/24,000 Mi. Warr. SIK #91000A \$11,995 NC	91 SATURN SL1 Auto, A/C, Power Windows, Locks, Cruise, 2 Yr/24,000 Mi. Warr. SIK #91000A \$8,995 NC	92 SATURN SL2 Auto, A/C, Sunroof, Power Windows, Locks, Cruise, 2 Yr/24,000 Mi. Warr. SIK #91000A \$12,500 NC	94 SATURN SL2 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$14,455 NC	94 SATURN SL1 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$14,645 NC	94 SATURN WGN. Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$15,826 NC	93 SATURN SC2 Black, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$15,420 NC
93 SATURN SL2 Auto, A/C, AM/FM, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$12,255 SC	93 SATURN SL2 Auto, A/C, AM/FM, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$13,900 SC	92 SATURN SL2 Auto, Cruise, 5 Yr/24,000 Mi. Warr. SIK #9044P \$10,900 NC	94 SATURN SL2 Auto, A/C, Power Windows, Locks, Cruise, 2 Yr/24,000 Mi. Warr. SIK #91000A \$16,395 NC	92 SATURN SL1 Auto, A/C, Sunroof, Power Windows, Locks, Cruise, 2 Yr/24,000 Mi. Warr. SIK #91000A \$8,995 NC	94 SATURN SL1 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$12,900 NC	92 SATURN SL2 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$12,995 NC	94 SATURN SL1 Auto, A/C, AM/FM, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$13,500 NC	94 SATURN SC2 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$16,275 NC
93 SATURN SL2 5 speed, A/C, AM/FM, cruise, 3.9xx miles, 4 yr. or 75,000 E.S.C. blue 0405P \$12,255 SC	91 SATURN SL2 5 speed, A/C, AM/FM, cruise, 3.9xx miles, 4 yr. or 75,000 E.S.C. blue 0405P \$8,855 SC	92 SATURN SL1 Auto, Cruise, 5 Yr/24,000 Mi. Warr. SIK #9044P \$9,650 NC	94 SATURN SL2 Auto, A/C, Power Windows, Locks, Cruise, 2 Yr/24,000 Mi. Warr. SIK #91000A \$17,200 NC	92 SATURN SC2 Auto, Cruise, 5 Yr/24,000 Mi. Warr. SIK #9044P \$12,900 NC	94 SATURN SL1 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$12,350 NC	92 SATURN SL2 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$12,500 NC	93 SATURN SL2 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$13,995 NC	94 SATURN SC2 Auto, A/C, Airbag, 3.9xx miles, 4 yr. or 75,000 Mi. Warr. SIK #9044P \$17,780 NC

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92 F15
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Auto, Leather, 100,000 Miles
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Auto, Leather, 100,000 Miles
\$12,995 |
| 92 T-Bird LX
Sunroof, Full Power
\$14,995 | 91 Dodge Spirit
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\$7,995 | 92 Taurus SHO
4 Dr., 40,000 Miles
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V-6, VCR, Power Bed
\$19,995 | 92 Ranger
Super Cab, Like New
\$11,450 |



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 - 93 Ford Escort LX, Auto, A/C, Leather, 100,000 Miles
 - 93 Ford Tempo LX, Auto, A/C, Leather, 100,000 Miles
 - 93 Chevy Celebrity, Auto, A/C, Leather, 100,000 Miles
 - 93 Ford Escort GT, Leather, 100,000 Miles
 - 93 Oldsmobile Delta 88, Leather, 100,000 Miles
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- TRUCKS & VANS**
- 93 Chevy Celebrity Euro Sport, 4 Dr., Auto, A/C, Leather, 100,000 Miles
 - 93 Ford Escort LX, Auto, A/C, Leather, 100,000 Miles
 - 93 Ford Tempo LX, Auto, A/C, Leather, 100,000 Miles
 - 93 Chevy Celebrity, Auto, A/C, Leather, 100,000 Miles
 - 93 Ford Escort GT, Leather, 100,000 Miles
 - 93 Oldsmobile Delta 88, Leather, 100,000 Miles
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 - 93 Oldsmobile Delta 88, Leather, 100,000 Miles
 - 93 Oldsmobile Delta 88, Leather, 100,000 Miles

- MISC. CARS**
- 92 Geo Tracker Convertible, AMF Cam, 100,000 Miles
 - 92 Chevy Cavalier RS Coupe, Leather, 100,000 Miles
 - 92 Pontiac Sunbird LE, Auto, A/C, 40,000 Miles
 - 92 Pontiac Sunbird LE, Auto, A/C, 40,000 Miles
 - 92 Pontiac Sunbird LE, Auto, A/C, 40,000 Miles
 - 92 Pontiac Sunbird LE, Auto, A/C, 40,000 Miles
 - 92 Pontiac Sunbird LE, Auto, A/C, 40,000 Miles
 - 92 Pontiac Sunbird LE, Auto, A/C, 40,000 Miles
 - 92 Pontiac Sunbird LE, Auto, A/C, 40,000 Miles
 - 92 Pontiac Sunbird LE, Auto, A/C, 40,000 Miles

1993 Chevrolet Lumina Convertible, White Top, Full Power, 100,000 Miles

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V-6, Leather, 100,000 Miles
- 93 BUICK CHEVROLET**
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Auto, Leather, 100,000 Miles
- 93 CAMARO RS**
Auto, Leather, 100,000 Miles
- 93 CAMARO RS**
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